

Plantar Erythema Nodosum Associated with Crohn's Disease

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Medical Image

A 22-year-old woman who previously diagnosed Crohn's disease was admitted with a 1-month history of diarrhea. She reported that during the preceding 3 months, she had stopped taking her drugs for Crohn's disease. She was not able to tread on her left foot. On examination, there was an erythematous, non-purpuric, painful, slightly nodular and, 3-4 cm diameter lesion (Figure 1). Plantar erythema nodosum was diagnosed associated with Crohn's disease and steroid treatment was started. Resolution of the lesion was noted at follow-up 2 weeks later. Plantar erythema nodosum is a very rare entity and typically occurs insidiously in children with good health. There was only one plantar erythema nodosum case associated with Crohn's disease in the literature (Figures 1 and 2).



Figure 1: Plantar erythema nodosum associated with Crohn's disease.



Figure 2: Plantar erythema nodosum associated with Crohn's disease.