

Quality of the Reference of the Obstetric Emergencies to the Departmental Hospital Center of Borgou (CHD/B) at Parakou (Benin)

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Abstract

Objective: To estimate the quality of the obstetric references of the peripheral sanitary trainings of the department of Borgou to the departmental hospital center (CHD/B).

Methodology: It was about a descriptive and analytical transverse study realized from 01 March to May 31st, 2013. We considered the sociodemographic data, the elements of the preparation and the transport of the reference were taken into account, and finally maternal and neonatal prognosis.

Results: The frequency of the referred women was 34, 6%. The average age of the referred women was 25 ± 5, 7 years old with extremes from 15 years to 44 years. The preparation of the reference was poor quality in 37, 3% of the cases. An index card of standardized reference was used only in 57, 3%. Transporting patients of the periphery in the center of reference was poor quality in 70% of the cases. The transport was made by a way other than an ambulance in 69,6% of the cases. The woman was accompanied by an agent of health in 15% of the cases. The venous access was taken in 75,4% of cases. The CHD/B was alerted before the reference only in 7,3% of the cases. 80% of the maternal deaths arose among the women referred to the sanitary trainings for an obstetric urgency.

Conclusion: The quality of the preparation significantly influence maternal prognosis. This raises the need for an evaluation and revitalization of our reference systems

Keywords: Obstetric urgency; Reference; Quality

Abbreviations: CHD/B: Departmental of Borgou Hospital Center; WHO: World Health Organization; UNFPA: United Nations Fund for Population Activities; SONU: Obstetrical and Neonatal Care Emergency; BEST-SD: Office for Studies and Support for New Technologies in Health and Development); CUGO: University Clinic of Gynecology and Obstetrics

Introduction

According to the World Health Organization (WHO), 200 million women become pregnant each year worldwide. Of these, 287,000 die from complications of pregnancy, childbirth and postpartum. A significant portion of these deaths (99%) is recorded in developing countries. These deaths registered in developing countries, the Africa in the South of Sahara totals 50% [1]. In Benin, the maternal mortality ratio was estimated at 397 deaths for 100,000 live births in 2011 [2]. Maternal death is partly dependent on the level of socio-health organization. This organization is partly dependent on the system put in place to refer patients to referral centers where needed. So we wanted to assess the quality of this instrument of complementarity between the different levels of the health pyramid: The reference. This study aims at the inventory of obstetric referrals in a health district.

Patients and Methods

This was a cross-sectional descriptive and analytical study conducted from 01 March to 31 May 2013 and it took place in the department of gynecology and obstetrics of departmental hospital center of Borgou in Parakou.

The study population consisted of women pregnant, in childbirth labor and puerperal of the peripheral maternity referred to the CHD/B. It was a comprehensive sampling that had included all women pregnant, in childbirth labor and puerperal referred from the peripheral maternity

public and private to the maternity of CHD/B. All those whose files did not contain the reference data were excluded.

In order to assess the quality of the preparation of the references we have already defined the essential criteria for adequate preparation of the reference. A weighting of the criteria was made. Two points were systematically assigned to all criteria. A coefficient of 3 to 5 according to the important criterion was then added to each criterion. The maximum possible score for the quality of the preparation of a reference is 100. Three levels of quality of preparation of the reference were determined by scores. Note ≤ 50 corresponds to poor quality of the preparation of the reference. When the note is > 50 and ≤ 75, the quality of the preparation of the reference is deemed well enough; while a score > 75 corresponds to a good quality of preparation of the reference. The same approach was used to assign points to the variables relating to the conditions of transport. The quality of the transport is referred to and denoted 32.

Two quality levels: good and bad, have been determined. Scores ≤ 19 correspond to a poor quality of transport while those from 20 to 32 correspond to a good quality of transport referred (see criteria for good conditions of transport in the appendix).

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Data collection was performed using a card counting records

The variables studied were:

- The Social demographic characteristics of women referred (age, occupation, gender)
- The preparation of the reference
- Transport conditions
- Maternal and neonatal prognosis.

Processing and data analysis were performed using Epi Info 2008 Software Version 3.5.1. The data were organized in tables and figures using Excel software. Test X^2 Pearson was used to calculate the differences with a significance level of 5%.

Results

Social demographic characteristics referred women

The survey focused on 260 women referred for 752 admissions in our study with a frequency of 34.6%. The average age of those referred was 25 ± 5.7 years, ranging from 15 years to 44 years. Household predominated at 37.7% followed by vendors- saleswoman (24.6%); artisans (19.6%); pupils/students (13.5%) and staff (4.6%). Our patients are illiterates for 39.2% of cases; had a primary level for 26.5%; secondary level for 28.8% and 5.5% in a higher level. They came for 88.5% of cases in the town of Parakou. They were nulliparous in 45%; paucipares 36.5% and 18.5% multiparous.

Reference preparation

The quality of the preparation of the reference: Reference Sheet was used for 149 women with 57.3% of respondents, and the health record in 53 patients (20.3%). 58 patients (22.3%) were referred without support. By weighting the elements of preparation recorded on the reference cards, we got the quality of the preparation of the reference. The quality of the preparation of the reference is shown in Table 1.

Quality of preparation of the reference and health facilities: Table 2 shows the distribution of health facilities according to the quality of the preparation of the reference. Private health facilities had a proportion of poor preparation of the reference (44.6%) about three times more than public health facilities (16.8%)

Quality preparation of the reference and life-threatening breast: Ten (10) maternal deaths were recorded at the maternity CHD/B during the study period. Eight (8) of the 10 women dead were referred from peripheral health facilities for obstetric emergencies. Table 3 shows the quality of preparations references and outcome of the care of the women surveyed. There is a statistically significant relationship between the quality of the preparation of the reference and the outcome of the treatment of women referred.

Quality of preparation of the reference and childbirth death: There were 28.6% of deaths before or after childbirth for 70 women when the preparation of the reference was bad and 24.8% of deaths before or after childbirth for 98 women including the preparation of the reference has been good with no statistically significant difference.

Transport quality: For 260 references, an ambulance was used for 7 references so 2.7%, firefighters were requested for 27.7% of cases and unconventional transport for 69.6% (motorcycle: 51.5 % vehicles transit: 18.1%)

Motherhood of CHD/B was alerted 19 times before the arrival

of the reference for 7.3% of cases. The woman was accompanied by a health worker for 15% of cases. The venous access was taken in 75.4% of cases. By weighting our transport criteria, we found that the quality was good in 30% and poor in 70% of cases.

Quality of transport and health training: Table 4 presents the distribution of health facilities according to the quality of transport. There is a statistically significant relationship between the type of women's home facility and the quality of transport in references

Quality of transport and management of mother: Table 5 shows the distribution of women referred by the outcome of their care based on the quality of transport. A statistically significant relationship between the quality of transport of women in the references and after the treatment has not been demonstrated.

Quality of the preparation reference	Number	%
Bad	97	37,3
Fairly	57	21,9
Good	106	40,8
Total	260	100

Table 1: Distribution of women referred by the quality of the preparation of the reference.

Health facilities	Reference of preparation							
	Poor		Fairly well		Good		Total	
	N	(%)	N	(%)	N	(%)	N	(%)
private	41	(44,6)	25	(27,2)	26	(28,3)	92	(100)
public	22	(16,8)	31	(23,7)	78	(59,5)	131	(100)

$\text{Chi}^2 = 26,3586$ ddl = 2 $P = <<< 0,05$

Table 2: Distribution of health facilities according to the quality of the preparation of the reference.

Quality of the Preparation reference	Maternal Deaths					
	Yes		No		Total	
	N	%	N	%	N	%
bad	7	(7,4)	88	(92,6)	95	(100)
Fairly well	1	(1,8)	55	(98,2)	56	(100)
good	0	(0,0)	105	(100)	105	(100)

$\text{Chi}^2 = 9,369$ ddl = 2 $p = 0,0092 < 0,05$

Table 3: Distribution of women referred by the outcome of their care based on the quality of the preparation of the reference.

Clinic original	quality transport					
	Good		Bad		Total	
	N	%	N	%	N	%
private	109	(84,5)	20	(15,5)	129	(100)
Public	73	(55,7)	58	44,3)	131	(100)

$\text{Chi}^2 = 25,6198$ ddl = 2 $p = 0,0000$

Table 4: Distribution of health facilities according to the quality of transport (N = 260).

Quality of transport	Maternal death					
	Yes		No		Total	
	N	%	N	%	N	%
Bad	8	(4,4)	174	(95,6)	182	(100)
Good	0	(0,0)	78	(100)	78	(100)

$\text{Chi}^2 = 3,537$ ddl = 2 $p = 0,06$

Table 5: Distribution of women referred by the outcome of their care based on the quality of transport (N = 260).

Discussion

Frequency-referred

Women evacuated from surrounding structures represented 34.6% of admissions at Departmental Hospital of Borgou (CHD/B). This rate is similar to that found by Tshabu-Aguemon et al. [3] to the University Clinic of Gynecology and Obstetrics (CUGO) at Cotonou (30.38%) in 2011, is lower than those of Cisse et al. [4] to Senegal (46.7%) in 2003; Zamane et al. [5] to Burkina Faso (44.2%) in 2012 but higher than those of Sepou et al. [6] in Centrafrique (12%) in 2009 and Lompo [7] to Burkina Faso (12.3%) in 1993. Thus the frequency of obstetric referrals varies from one country to another depending on the distribution of health centers in the area and their equipment.

Demographics Data

The average age of women referred was 25 ± 5.7 years, ranging from 15 years to 44 years. Tshabu-Aguemon et al. [3] to Cugo had reached similar results (average age of 26.8 with a range of 15-47 years). Zamane et al. [5] and Cisse et al. [4] reported respectively a mean age of 25.6 years and 23.5 years in their study populations.

The age group of 20-34 year olds is the most represented (76.8%). This result is understandable; this age group is the period of maximum reproductive age. Saizonou et al. [8] had reported in a 2006 study on the treatment of "beautiful escape" referred to seven maternity southern Benin for this age group 64%, lower than our result.

Majority of Women in 95.4% has no income or belongs to low-income strata (household, saleswomen, artisans, pupils/student). They are financially dependent on their spouses who are meeting all medical expenses. This makes it difficult to make the decision for access to care but also to acceptance to go to a referral center where expenses are higher due to the difficulty in meeting the costs when the spouse has income modest Sepou et al. [6] Centrafrique; Lompo et al. [7] in Burkina Faso found more than half of their patients without profession respectively 52.8% and 58% of cases.

In these women, the lack of financial income results in late consultations in case of health problems. These women are more exposed to obstetric complications.

About a woman referred in two was nulliparous. Other authors have found similar characteristics. Sepou et al. [6] Centrafrique (2009) published 61.5% of patients nulliparous or primiparous. For Cisse et al. [4] in Senegal (2003), one third of the patients were primiparous. This high rate of low parity may be explained by the fact that in these women in labor is longer and thus increases the risk of the reference.

Preparation and quality of the reference

The need for comprehensive data to support the patient for proper continuity of care referral center should make systematic use of the reference sheet. Reference card had been used for 57.3% of our sample. This result can be explained by ignorance of the staff of the importance of background material in the proper management of women referred.

This finding is recurrent in many African countries. So Zamane et al. [5] found that 78.7% use the reference sheet at Burkina Faso best than our result.

The quality of the preparation was poor in 37.3% of cases. This rate is much higher than that of Kongnyuy et al. [9] Malawi, 11.3% in 2008, but their system was characterized by periodic assessment by clinical

audits. Our health care systems should adopt continuous assessments for the improvement of indicators.

The poor quality of the preparation of the reference was about three times higher (44.6%) in private health facilities in the public (16.8%). A similar observation was made by the team of Tshabu-Aguemon [3] to Cugo in 2012, which found 54% of bad reference from private health facilities. This may be related to the low qualifications of providers of maternity private sector for the most part are informal health facilities.

Transport conditions

The unavailability of the ambulance in the health centers, the limited financial resources of patients and the negative perception (certain death at the end) that have populations of the ambulance, explain the seven women referred with an ambulance, and 181 referred by a means other than an ambulance.

In the literature, Tshabu-Aguemon et al. [3] to Cugo Cotonou; Sepou et al. [6] Centrafrique in 2009, obtained similar results 69.6% and 68.6% reference by unconventional means of transport. In Burkina Faso in 2011, Zamane et al. [5] were published 38.5% benchmarking proportion with other means that ambulance.

Motherhood CHD/B was alerted 19 times (7.3%) before the arrival of the reference. It could be that the centers do not have a telephone available for the cause. The high rate of private health facilities implies that there is lack of awareness and training on the preparation of the reference to motherhood. The Department of Health and institutions such as Best-SD, WHO, UNFPA often organize training seminars and refresher at the point of service at the north public health facilities on emergency obstetric and neonatal care (EmONC) [10,11]. This would explain the fact that we have observed different behavior in the conditioning pregnant before their transfer. In fact, venous access was taken in 88.5% of referrals from public health facilities against 62% came from private health facilities. This result is higher than Tshabu-Aguemon et al. [3] to Cugo (Cotonou) in 2012 which was 62.1%

Eighty-five percent (85%) references were carried out without the support of a health workforce. Tshabu-Aguemon et al. [3] and ZAMANE et al. [5] had found 80.5% and 78.1% reference without medical assistance respectively.

Ultimately, the delivery was poor quality 182/260 women referred to 70%. These results highlight the poor conditions of reference of patients and show the enormous shortcomings that still exist in our reference systems. Nguebi et al. [12] at the end of their study in 2004 on the assumption of responsibility and referral of obstetric emergencies in Bangui (Central Africa) had argued that the reference system was not performing in Bangui having problems with missing ambulance, waiting staff to accompany patients.

Efforts should be made to improve our systems of reference for the women referred are at greater risk of maternal death.

Maternal and neonatal Prognosis

Eighty percent (80%) of pregnant dead were referred from peripheral health facilities with a statistically significant relationship between the quality of the preparation of the reference and the maternal prognosis. The quality of the reference affects the prognosis of evacuees. This finding is similar to those of Tshabu-Aguemon et al. [3] in Benin in 2011 and Cisse et al. [4] in Senegal in 2003 who reported in their study respectively 82.9% and 73.3% of deaths maternal report in the referred patients.

Furthermore, there were 28.6% deaths before or after delivery for 70 patients with the preparation of the reference was poor with no significant difference. Taylor-Smith et al. [13] in their study in the district Kabezi (Burundi) had concluded that a significantly higher risk of early neonatal mortality (OR 1.9, 95% CI: 1.1-3.2) associated with transfer times of newborns lying.

Solofomalala et al. [14] in 2007 to Madagascar had regained 83% of maternal deaths among evacuees and 75.5% of deaths before or after delivery among evacuees. They tied these results to the lack of access to appropriate care, low socio economic, and the difficulties of access in different regions. Governments and communities should increase health policies for effective access to quality health care for maternal and child safety

Conclusion

References obstetric emergencies are in precarious conditions in our regions. The quality of the preparation significantly influence prognosis breast. We recommend policy makers to engage in ongoing evaluation and revitalization of the reference system-reference against our underdeveloped countries.

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