Relative Bioavailability Study of an Abuse-Deterrent Formulation of Extended-Release Oxycodone with Sequestered Naltrexone (ALO-02) Versus Immediate-Release Oxycodone Tablets in Healthy Volunteers

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Abstract

Background: ALO-02, an opioid formulation intended to deter abuse, comprising capsules filled with pellets of extended-release oxycodone hydrochloride, an opioid, surrounding sequestered naltrexone hydrochloride, an opioid antagonist. This study compared oxycodone pharmacokinetics following ALO-02 (oxycodone/naltrexone 40 mg/4.8 mg) versus immediate-release oxycodone (IRO) tablets (20 mg).

Methods: This was an institutional review board-approved, open-label, single-dose, randomized, two-way crossover study in 14 healthy fasted adults (aged 18 to 55 years). Plasma concentrations of oxycodone, naltrexone, and 6-β-naltrexol were determined. Maximum plasma concentration (Cmax), area under the plasma concentration-time profile from time 0 to infinity (AUCinf), and to the last quantifiable concentration (AUClast), time to Cmax (Tmax), and terminal half-life (t1/2) were determined. Adverse events (AEs) were recorded throughout the study.

Results: Median oxycodone Tmax was prolonged (12 versus 1 hours) and mean t1/2 was longer (7.2 versus 4.6 hours) for ALO-02 versus IRO. ALO-02/IRO ratio (90% confidence interval [CI]) of adjusted geometric means for dose-normalized AUClast was 107.2% (96.7%, 118.8%), with CI contained within equivalence limits of 80%–125%. Dose-normalized ALO-02/IRO Cmax ratio (90% CI) was 33.0% (28.8%, 37.9%). Following ALO-02 administration, plasma naltrexone concentrations were below the limit of quantification (BLQ: 4.00 pg/mL), and 6-β-naltrexol concentrations were BLQ (4.00 pg/mL) in >50% of participants or generally low (<50.0 pg/mL). Most AEs were mild, with nausea and dizziness being most frequent.

Conclusion: Pharmacokinetic comparisons indicate equivalent oxycodone bioavailability under fasted conditions. The lower Cmax and longer Tmax and t1/2 observed for ALO-02 versus IRO are consistent with the extended-release profile of ALO-02 formulation. Low naltrexone and 6-β-naltrexol concentrations indicated successful sequestration of naltrexone in ALO-02.

Keywords: Abuse-deterrent formulation; Opioid; Naltrexone; Oxycodone; Extended release; Pharmacokinetics

Abbreviations: AE: Adverse Event; ALT: Alanine Aminotransferase; AUClast: Area Under the Plasma Concentration-Time Profile from Time 0 to Infinity; AUClast*: Area Under the Curve to the Last Quantifiable Concentration; BLQ: Below Lower Limit of Quantification; BMI: Body Mass Index; BP: Blood Pressure; Cmax: Concentration at 24 Hours Post Dose; Cobs*: the Predicted Plasma Concentration at the Last Quantifiable Time Point Estimated from the Log-Linear Regression Analysis; Cmax: Maximum Plasma Concentration; CI: Confidence Interval; CRU: Clinical Research Unit; CV: Coefficient of Variation; dn: Dose-Normalized to 1 mg; ECG: Electrocardiogram; ER: Extended Release; FDA: US Food and Drug Administration; GGT: Gamma-Glutamyl Transferase; IR: Immediate Release; IRO: Immediate-Release Oxycodone; k2: the Terminal Phase Rate Constant; PK: Pharmacokinetic; QC: Quality Control; RE: Relative Error; t1/2: Terminal Half-Life; Tmax: Time to Maximum Plasma Concentration; ULN: Upper Limit of Normal; US: United States

Introduction

Opioid analgesics are effective medications available to treat acute pain, most notably of surgical origin, and to alleviate chronic pain associated with terminal or non-terminal conditions in carefully selected and monitored patients [1,2]. Extended-release (ER) opioid formulations are indicated for the treatment of pain severe enough to require daily, around-the-clock, long-term treatment for which alternative treatment options are inadequate [3]. ER opioid formulations are taken only once daily or twice daily, compared with every 4- to 6-hour dosing with conventional immediate-release (IR) formulations. However, along with the increased popularity and availability of ER opioid formulations, misuse, abuse, and diversion of these medications has become a significant public health issue in the United States (US) [4-6].

Strategies are therefore needed to address the medical need for pain relief while offering approaches to minimize prescription opioid abuse. One strategy is the development of new drug formulations intended to reduce the attractiveness to abusers and drug-liking qualities of conventional opioid formulations while still providing pain relief.

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relief. The US Food and Drug Administration (FDA) is encouraging manufacturers to develop novel opioids that are formulated to deter abuse and considers their development a high public health priority [7].

The four most common routes of administration by which prescription opioids are abused are: oral, intranasal, smoking, and intravenous. The National Addictions Vigilance Intervention and Prevention Program identified that oxycodone formulations were most commonly abused by the oral route, followed by intranasal and intravenous routes [8]. ER prescription opioids may be abused by ingestion of excess amount of pills, or by tampering with the formulation first by chewing or crushing and then smoking or snorting, or crushing and dissolving in various solvents and then injecting [9].

ALO-02, an opioid formulation intended to deter abuse, contains pellets that consist of ER oxycodone hydrochloride (HCl), an opioid agonist, that surrounds sequestered naltrexone HCl, a selective μ-opioid receptor antagonist. ALO-02 is designed to deliver therapeutic doses of oxycodone in a controlled-release manner when the formulation is taken intact as directed; however, when the formulation matrix is tampered with (e.g., by crushing or chewing the pellets), the naltrexone is co-released with oxycodone.

The primary objective of this study was to estimate the relative bioavailability of oxycodone from ALO-02 40 mg capsules containing 12% naltrexone HCl (i.e., ratio of naltrexone HCl/oxycodone HCl is 12% by weight) compared with IR oxycodone (IRO; Roxicodone®; Xanodyne, Newport, KY) 20 mg tablets in healthy volunteers. Secondary objectives were to characterize the exposure levels of naltrexone and its primary metabolite 6-β-naltrexol, following single-dose administration of intact ALO-02 40 mg capsules, and to evaluate safety and tolerability of oxycodone following single-dose administration of ALO-02 40 mg capsules and IRO 20 mg tablets in healthy volunteers.

Methods

Study population

Men and/or women aged 18 to 55 years were eligible to participate in this study if they were in good health based on a detailed medical history (with no clinically relevant abnormalities), full physical examination, including blood pressure (BP), heart rate measurement, 12-lead electrocardiogram (ECG) and clinical laboratory tests; had a body mass index (BMI) of 17.5–30.5 kg/m²; and a total body weight >50 kg (110 lb). Women could not be pregnant or lactating, and those of childbearing age had to use an acceptable method of contraception from at least 14 days prior to the first dose of study medication. Additionally, participants were not allowed to use prescription drugs (excluding hormonal therapy for birth control), nonprescription drugs, or dietary supplements within seven days prior to the first dose of study medication. Herbal supplements had to be discontinued at least 28 days prior to the first dose of study medication. As an exception, acetaminophen/paracetamol could have been used at doses of ≤ 1 g/day. Limited use of nonprescription medications that were not believed to affect participant safety or the overall results of the study could have been permitted on a case-by-case basis.

Study design

This was an open-label, single-dose, randomized, two-way crossover study (NCT01677065). This study was conducted at a Pfizer Clinical Research Unit (CRU; New Haven, Connecticut, USA) from September 7, 2012 to October 15, 2012. The final protocol and informed consent documents were reviewed and approved by an institutional review board at Austin, Texas, USA. This study was conducted in compliance with the ethical principles originating in or derived from the Declaration of Helsinki and in compliance with all International Conference on Harmonization Good Clinical Practice Guidelines. In addition, all local regulatory requirements were followed, in particular, those affording greater protection to the safety of trial participants. All participants gave written informed consent prior to entering the study.

The screening visit occurred within 28 days prior to the first dose of Period 1. Enrolled participants were randomly assigned to one of two treatment sequences (ALO-02 followed by IRO or IRO followed by ALO-02). Each participant received the following two treatments under fasted conditions separated by at least a seven-day washout period: 1) ALO-02 40 mg capsules (1×40 mg capsule), and 2) IRO 20 mg tablet (1×15 mg tablet plus 1×5 mg tablet of Roxicodone®).

For each treatment period, participants were admitted to the CRU on the day before dosing. On the next morning, following an overnight fast of at least 10 hours, participants received one of the two treatments (ALO-02 or IRO) as a single dose with 240 mL of ambient temperature water. Participants swallowed the study medication intact, and did not chew the medication prior to swallowing. Blood samples were collected and safety assessments were made at pre-specified times before and after administration of study treatment (detailed below). Participants were discharged from the CRU after the collection of the 48-hour blood sample and returned to the CRU on an outpatient basis for additional analyses as required. Final safety assessment was conducted at the end of Treatment Period 2 or upon earlier withdrawal from the study.

Pharmacokinetic assessments

Blood samples were drawn during the two treatment periods for pharmacokinetic (PK) analysis of oxycodone, naltrexone, and 6-β-naltrexol in plasma. For oxycodone analysis, blood samples were taken at predose (time 0) and 0.5, 1, 2, 4, 6, 8, 12, 14, 16, 24, 36, and 48 hours after administration of ALO-02, and at 0, 0.25, 0.5, 1, 1.5, 2, 3, 4, 6, 8, 12, 16, 24, and 48 hours after administration of IRO. For naltrexone and 6ß-naltrexol analysis, blood samples were taken at 0, 0.5, 1, 2, 4, 6, 8, 12, 24, 48, 72, 96, and 120 hours after administration of ALO-02.

Blood samples (4 mL) to provide approximately 1.5 mL plasma
for PK analysis of oxycodone and blood samples (6 mL) to provide approximately 2 mL plasma for PK analysis of naltrexone and 6-β-naltrexol were collected respectively into appropriately labelled tubes containing dipotassium ethylenediamine tetraacetic acid (K<sub>2</sub>EDTA). Blood samples were centrifuged at approximately 1700g for about 10 minutes at 4°C. The plasma was stored in appropriately labeled screw-capped polypropylene tubes at approximately -20°C within 1 hour of collection.

Plasma samples were analyzed for oxycodone, naltrexone, and 6-β-naltrexol concentrations at Covance Bioanalytical Services LLC (Indianapolis, Indiana, USA) using a validated, sensitive, and specific high-performance liquid chromatography tandem mass spectrometry (HPLC-MS/MS) method. Calibration standard responses were linear over the range of 0.100–50.0 ng/mL for oxycodone and over the range of 4.00–2000 pg/mL for naltrexone and 6-β-naltrexol, using a weighted (1/concentration<sup>2</sup>) linear regression. Those samples with concentrations above the upper limits of quantification were adequately diluted into calibration range prior to analysis. The lower limit of quantification was 0.100 ng/mL for oxycodone, and 4.00 pg/mL for both naltrexone and 6-β-naltrexol. The plasma concentrations below the lower limit of quantification were reported as below lower limit of quantification (BLQ). The concentrations below BLQ were set to 0 for the PK analysis.

The between-day assay accuracy, expressed as percentage relative error (%RE), for low (0.30 ng/mL), medium (3.00 ng/mL), high (37.5 ng/mL), and diluted (250 ng/mL) quality control (QC) concentrations, ranged from 3.2% to 12.7% for oxycodone. Assay precision, expressed as the between-day percentage coefficient of variation (%CV) of the estimated concentrations of QC samples, was ≤ 6.9% for low, medium, high, and diluted QC concentrations of oxycodone.

The between-day assay accuracy expressed as %RE, for low (12.0 pg/mL), medium (20.0 pg/mL), high (120 pg/mL), and diluted (1500 pg/mL) QC concentrations, ranged from -5.0% to 0.0% for naltrexone, and from -4.0% to -0.8% for 6-β-naltrexol. The assay precision for the low, medium, high, and diluted QC concentrations was ≤ 8.3% for naltrexone and ≤ 6.4% for 6-β-naltrexol.

PK parameters for oxycodone, naltrexone, and 6-β-naltrexol were calculated for each participant and treatment, as applicable, using non-compartmental analysis of concentration-time data, and included maximum plasma concentration (C<sub>max</sub>), area under the plasma concentration-time profile from time 0 to the last quantifiable concentration (AUC<sub>inf</sub>), area under the plasma concentration-time profile from time 0 to the last quantifiable concentration (AUC<sub>last</sub>), time to C<sub>max</sub> (T<sub>max</sub>), concentration at 24 hours post dose (C<sub>24</sub>), and terminal half-life (t<sub>1/2</sub>).

PK parameters were calculated for each participant and treatment, as applicable, using non-compartmental analysis of concentration-time data, and included maximum plasma concentration (C<sub>max</sub>), area under the plasma concentration-time profile from time 0 to the last quantifiable concentration (AUC<sub>inf</sub>), area under the plasma concentration-time profile from time 0 to the last quantifiable concentration (AUC<sub>last</sub>), time to C<sub>max</sub> (T<sub>max</sub>), concentration at 24 hours post dose (C<sub>24</sub>), and terminal half-life (t<sub>1/2</sub>). AUC<sub>inf</sub> was determined using the linear/log trapezoidal method. AUC<sub>last</sub> was calculated using the formula AUC<sub>last</sub> = C<sub>last</sub> * t<sub>last</sub>, where C<sub>last</sub> was the predicted plasma concentration at the last quantifiable time point from the log-linear regression analysis and t<sub>last</sub> was the terminal phase rate constant. t<sub>1/2</sub> was calculated using the formula Log(2)/k<sub>p</sub>, where k<sub>p</sub> was the terminal phase rate constant calculated by a linear regression of the log-linear concentration-time curve. Only those data points judged to describe the terminal log-linear decline were used in the regression. Dose-normalized (dn) AUC<sub>inf</sub>, AUC<sub>last</sub> and C<sub>max</sub> were also determined. PK parameters were calculated using proprietary, validated electronic non-compartmental analysis software (eNCA).

Safety assessments

All observed or volunteered adverse events (AEs), the severity (mild, moderate, or severe) of the events, and the investigator’s opinion of the relationship to the study treatment were recorded using the Medical Dictionary for Regulatory Activities terminology (MedDRA; version 15.0). AEs included adverse drug reactions, illnesses with onset during the study, and exacerbation of previous illnesses. Other safety evaluations included any clinically significant changes in physical examination findings, vital signs (BP, heart rate, and respiratory rate), and abnormal test findings (e.g., ECG, laboratory).

Statistical analyses

A sample size of 14 participants provided 90% confidence intervals (CIs) for the difference between treatments of ± 0.0674, ± 0.0600 and ± 0.1462 on the natural logarithmic scale for oxycodone AUC<sub>inf</sub>, AUC<sub>last</sub>, and C<sub>max</sub>, respectively, with 80% coverage probability. These calculations were based on estimates of within-subject standard deviations of 0.0872, 0.0776, and 0.1891 for log<sub>10</sub> AUC<sub>inf</sub>, AUC<sub>last</sub>, and C<sub>max</sub>, respectively, as obtained from previous studies (Sponsor identifiers ALO-02-09-1001 and B4531003 [10]).

The PK concentration population was defined as all enrolled participants treated who had at least one concentration recorded. The PK parameter analysis population was defined as all enrolled participants treated who had at least one of the PK parameters of interest had recorded.

Natural log-transformed values for dn PK parameters of interest (i.e., oxycodone C<sub>max</sub>(dn), AUC<sub>inf</sub>(dn), and AUC<sub>last</sub>(dn)) were analyzed using a mixed-effect model with sequence, period, and treatment as fixed effects and subject within sequence as a random effect. Estimates of the adjusted mean differences between the test (ALO-02 40 mg capsules) and reference (IRO 20 mg tablets) formulations and corresponding 90% CIs were obtained from the model. The adjusted mean differences and 90% CIs for the differences were exponentiated to provide estimates of the ratio of adjusted geometric means (ALO-02/ IRO) and 90% CIs for the ratios. Relative bioavailability was estimated as the ratio of adjusted geometric means for ALO-02 relative to IRO for AUC<sub>inf</sub>(dn), AUC<sub>last</sub>(dn) and C<sub>max</sub>(dn).

Safety data were presented in listings and summarized descriptively, where appropriate. All participants who received at least one dose of study medication were included in the safety population.

Results

Study population

A total of 14 participants were treated and 13 completed the study. Study participants (n=14) had a mean age of 38.1 years (range, 26–51 years) and were mostly male (n=9, 64%). Half of the participants were black (n=7), two participants were white, and five were other. The study participants had a mean height of 170.7 cm (range, 157–182 cm); a mean weight of 73.8 kg (range, 53.2–89.8 kg); and a mean BMI of 25.4 kg/m<sup>2</sup> (range, 19.7–30.1 kg/m<sup>2</sup>).

One participant treated with IRO 20 mg discontinued from the study prior to receiving ALO-02 40 mg. At approximately 2 hours after receiving IRO 20 mg, this participant experienced an AE of dizziness and headache, which were both mild in severity. Another participant treated with IRO 20 mg was deemed an influential statistical outlier, with studentized (conditional) residual < -3 for C<sub>max</sub> as well as AUC<sub>inf</sub> therefore, PK results following IRO treatment for this outlier subject were excluded from the summary statistics and analyses.
Pharmacokinetic results

Median plasma oxycodone concentration-time profiles for both treatments are presented in Figure 1 and PK parameters in Table 1. Following administration of single oral doses of ALO-02 40 mg capsules under fasted conditions, oral absorption of oxycodone was consistent with that of an ER formulation with a slow initial oxycodone release and a prolonged median $T_{\text{max}}$ of 12 hours compared with a median $T_{\text{max}}$ of 1 hour following administration of IRO 20 mg (Figure 1 and Table 1).

The relative oxycodone bioavailability of ALO-02 40 mg capsules was estimated to be 107.2% and 106.1% compared with IRO 20 mg tablets, based on AUC$_{\text{inf(dn)}}$ and AUC$_{\text{last(dn)}}$ ratios, respectively, with 90% CIs within 80%–125% for both (Table 2 and Figure 2). Consistent with the PK profile of the ER ALO-02 formulation, oxycodone C$_{\text{max(dn)}}$ was lower for the ALO-02 treatment than that observed for the IRO treatment, with ALO-02/IRO adjusted geometric mean ratio (90% CI) of 33.0% (28.8%, 37.9%) (Table 2 and Figure 2).

Plasma naltrexone concentrations for ALO-02 40 mg treatment were BLQ (4.00 pg/mL) for all participants and therefore PK parameters were not calculated. Overall plasma 6-β-naltrexol concentrations for ALO-02 40 mg treatment were low, with more than 50% of participants having concentration levels BLQ (4.00 pg/mL). As expected, the overall plasma concentrations for 6-β-naltrexol were low, with individual C$_{\text{max}}$ ranging between 0 pg/mL and 45.4 pg/mL and were achieved within 96–120 hours post dose (median $T_{\text{max}}$=108 hours). AUC$_{\text{inf}}$/AUC$_{\text{last}}$ and $t_{1/2}$ for 6-β-naltrexol could not be calculated or accurately reported for any participant treated with ALO-02 40 mg.

Safety

There were no serious AEs, deaths, temporary discontinuations, or dose reductions due to AEs during this study. One participant treated with IRO 20 mg discontinued from the study due to an AE that was considered unrelated to study drug (aforementioned). Eight participants reported 38 AEs during treatment with ALO-02 40 mg and 14 participants reported 54 AEs during treatment with IRO 20 mg. All of the events were considered to be mild or moderate in severity, with no severe AEs being reported. The majority of the AEs reported were considered to be treatment-related. The most frequently reported AEs were nausea and dizziness, both of which were reported by five participants treated with ALO-02 40 mg and seven participants treated with IRO 20 mg. Treatment-emergent AEs (all causalities and treatment-related) reported by two or more participants receiving any treatment are summarized in Table 3.

Four participants had laboratory abnormalities; of those, three had mild abnormalities in urinalysis results. The fourth participant had abnormalities in gamma-glutamyl transferase (GGT) and alanine aminotransferase (ALT) >3.0×upper limit of normal (ULN) on Day 7.

Conflicts of Interest

This study was sponsored by Alkam Pharma, Inc., Research Triangle Park, NC. The authors are employees of Alkam Pharma, Inc.

Funding

This study was sponsored by Alkam Pharma, Inc.

Study Oversight

This study was conducted in accordance with the Declaration of Helsinki and the ethical principles of Good Clinical Practice. The study was approved by an independent ethics committee (Eastern Virginia Group Health Care, Norfolk, VA). All participants provided written informed consent.

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and not to chew the medication prior to swallowing. As expected, there were no quantifiable plasma concentrations (>4.00 pg/mL) of naltrexone in any of the treatments administered. For 6-β-naltrexol, plasma concentrations were low (<30 pg/mL), with less than 50% of participants in the ALO-02 treatment having quantifiable plasma concentrations above the low limit of quantitation (>4.00 pg/mL). These results indicate that naltrexone was successfully sequestered in the capsules when ALO-02 was administered intact as intended.

The PK profile of oxycodone following single oral doses of ALO-02 40 mg capsules was characterized by a substantially slower absorptive phase than following IRO 20 mg tablets, represented by a delayed time-to-peak oxycodone concentration and substantially lower oxycodone peak concentration. Consistent with the PK profile of the ER formulation, oxycodone mean C\text{max} was approximately 67% lower following ALO-02 treatment than that observed following IRO treatment. Despite the ER, there was no reduction in oxycodone bioavailability from ALO-02 based on dose-normalized AUC_{inf} or AUC_{last} when compared with IRO formulation.

When viewed in light of the reference treatment, the PK characteristics of ALO-02 at a clinically relevant dose of 40 mg, demonstrating a similar overall drug exposure based on AUCs, but with a longer T_{1/2}, reduced C\text{max}, and higher C\text{avg} concentrations support the use of ALO-02 for twice-daily treatment of pain that requires around-the-clock analgesia. The abuse-deterrent formulation of ALO-02 was also shown to keep naltrexone successfully sequestered while delivering oxycodone with a controlled release such that a risk of withdrawal is minimized in opioid-dependent patients, when ALO-02 is used as intended, without chewing or crushing.

Discussion

ALO-02 is a proprietary ER dosage form, designed to release therapeutic amounts of oxycodone from controlled-release pellets in an ER manner while sequestering the naltrexone in the pellets unless the pellets are crushed, chewed, or otherwise disrupted. In this study, participants were instructed to swallow the study medication intact after treatment with IRO 20 mg. The ALT had returned to normal on Day 13 and the GGT declined from the peak value, but remained above normal on the day that it was last assessed (Day 11). This participant also had an alkaline phosphatase level that was elevated slightly above ULN on Day 7 and returned to normal on Day 22. None of the laboratory abnormalities were considered clinically significant or reported as AEs. None of the vital signs or ECG results were abnormal.

Table 3: Incidence of treatment-emergent AEs in at least two participants by treatment; all causalities (treatment-related).
Single oral doses of ALO-02 40 mg capsules and IRO 20 mg tablets were generally well tolerated. There were no severe AEs, serious AEs, deaths, discontinuations, dose reductions, or temporary discontinuations due to AEs during this study. One participant discontinued from the study due to a mild AE of gastroenteritis unrelated to study treatment. The majority of AEs were mild in severity, and the most frequently reported AEs (nausea and dizziness) were typical of oxycodone and other opioids [11]. None of the vital signs or ECG results were abnormal, and no laboratory abnormalities were considered clinically significant or reported as AEs.

The results of this study should be viewed against its limitations. This was a small study with 14 healthy volunteers, a sample size adequate for relative bioavailability assessment while not powered for establishing equivalence of AUC.

Conclusions

Comparison of AUC values following ALO-02 40 mg versus IRO 20 mg indicates equivalent oxycodone bioavailability under fasted conditions. The approximately 67% lower dn Cmax, median T max delay by approximately 11 hours, and prolonged t 1/2 by approximately 2.6 hours for ALO-02 versus IRO are consistent with the ER formulation characteristics of ALO-02. Plasma naltrexone and 6-β-naltrexol concentrations were generally either BLQ or very low, indicating successful sequestration of naltrexone in ALO-02. Single doses of ALO-02 40 mg were generally well tolerated, and the most common AEs were typical of opioids.

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