

## Saliva as a Biomarker of Heat Shock Protein in Chronic Renal Disease

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### Abstract

**Background and Objective:** Heat shock protein 70 usually located in the cytoplasm, it plays an important role has a chaperone. It said to have anti- proinflammatory effect, as shown in experimental model. These play an extended role in immunity and implication in pathogenesis of systemic conditions. In chronic renal kidney disease the complexity of underlying disturbances is an ideal example for persistent multifactorial stress. The combination of uremic toxins, mediators of inflammation, oxygen species, apoptosis and renal dialysis. The role of heat shock proteins in chronic renal damage, their protective and deleterious effect is of prime importance for the future perspectives of optimizing renal therapy the aim of this study was to evaluate the circulatory and salivary heat shock protein level 70 in healthy individuals and individuals undergoing renal dialysis with chronic renal disease.

**Method:** 40 patients attending to the department of nephrology, K. S. Hegde Medical hospital diagnosed with chronic renal disease, undergoing renal dialysis in the age group of 35-60 yrs were included in the study. Individuals with other active infections, pregnant and lactating women's, smokers were excluded from the study. The study was conducted among Control (n = 40) and Experimental group (n = 40). Saliva and serum samples were evaluated for Heat shock protein 70 by ELIZA Method (Enzyme -linked immunoassay for heat shock protein 70) and statistical analysis was done with independent student't' test. P < 0.05 was considered to be statistically significant.

**Conclusion:** Salivary and circulatory Heat Shock protein 70 showed significant increase in Individuals undergoing renal dialysis .Thus, Circulatory and salivary Heat Shock Protein 70 is an efficient stress marker in chronic renal disease condition.

**Keywords:** Heat shock protein; Renal dialysis; Stress response

### Introduction

The presence of a specific group of proteins in the fruitfly *Drosophila melanogaster* as a response to high temperature first identified by Ritossa in 1962 then termed as heat shock protein, have been an area of interest with context to their biochemical and functional role, change in cellular changes during disease, aging and infectious process [1].

Various stressful conditions like sudden temperature increase that may damage the cellular structure and their essential functions, under which organisms should survive. As a response to stress ancient signalling pathway leads to expression of heat shock proteins, they have an efficient protective mechanism, preventing a non -specific protein aggregate [2]. Heat Shock protein 70 is one of those molecular chaperons which are highly concerned, involved in DE novo folding of proteins also in stressful conditions prevent the aggregation of unfolding proteins and even re-fold [3].

Heat shock proteins 70 protects cells against oxidative stress inhibits stress kinase and apoptosis [4]. In oral disorders, these heat shock proteins are increased due to chronic irritation, infection, long time irradiation and malignancies. Vaccinations with the modified epitopes

bacterial HSP's 70 and in some cases prevents development of disease [5].

Heat shock protein 70 usually located in the cytoplasm, it plays an important role has a chaperone. It said to have anti- proinflammatory effect, as shown in experimental model. These play an extended role in immunity and implication in pathogenesis of systemic conditions [6]. They even play an important role in defence function on tooth surface, by binding and agglutinating the microbes via salivary complex's, thus the presence of these HSP's enhance the protection against heat stress and altering Ph. providing cytoprotective effect and thus aiding in defence [7].

Thus the goal of these chaperons is to regulate the response to any detrimental factors, including temperature, radiation, hypoxia, toxins, preventing misfolding of proteins.

In chronic renal kidney disease the complexity of underlying disturbances is an ideal example for persistent multifactorial stress. The combination of uremic toxins, mediators of inflammation, oxygen species, apoptosis and renal dialysis. The role of heat shock proteins in chronic renal damage, their protective and deleterious effect is of prime importance for the future perspectives of optimizing renal therapy [8].

Thus, the aim of this study was to evaluate the Circulatory and salivary heat shock protein level 70 in healthy individuals and individuals undergoing renal dialysis with chronic renal disease.

## Materials and Methods

After obtaining institutional ethical clearance, 40 patients attending to the department of nephrology, K. S. Hegde Medical hospital diagnosed with chronic renal disease, undergoing renal dialysis since 9 months under the age group of 35-60 yrs were included in the study. Individuals with other active infections, pregnant and lactating women's, smokers were excluded from the study.

The study was conducted among Control (n = 40) and Experimental group (n = 40).

### Saliva collection

Salivary collection was done according to the technique by Navazesh 1993 [9]. 3 ml unstimulated was collected in a sterile disposable plastic container and the samples were stored at  $-70^{\circ}\text{C}$  and used for further analysis.

### Serum preparation

A volume of 3 ml of peripheral blood was drawn from patients using venipuncture from the antecubital fossa. Blood was allowed to clot at room temperature for 30 min and centrifuged at 3000 rpm for 10 min. The obtained serum was then divided into 2 aliquots and then transferred to a labelled poly propylene tube and stored at  $-70^{\circ}\text{C}$  and used for further analysis.

### Enzyme-linked immunoassay for heat shock protein 70

Enzyme-linked immunosorbent assay kit (Assay Designs and Stressgen) was used. Serum, and saliva samples were analyzed using Elisa system according to the manufacturer's recommended procedure and 96 well plate precoated with appropriate antibodies was used.

Serum, saliva samples and standards were added and incubated for 3 h. Then, the conjugate antibody was added and incubated 1 h at room temperature. The plates were washed again, and substrate was added to develop colour change and incubated for 30 min at room temperature in the dark. Finally, the optical densities were read at 450 nm, and the samples were compared to the standards. The results for HSP 70 were expressed at ng/ml.

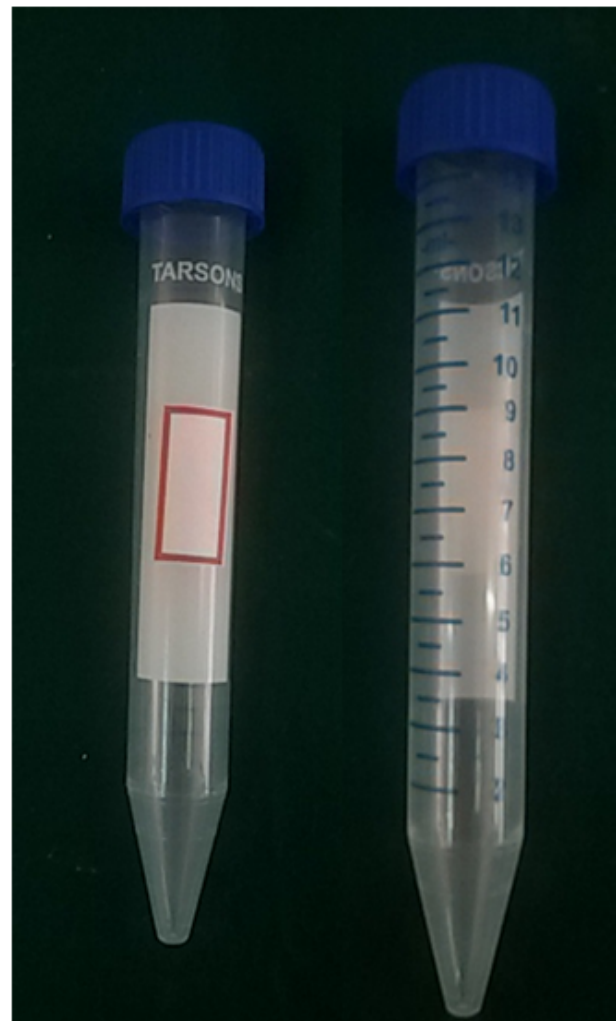


Figure 2: Saliva collection tubes.



Figure 1: Heat shock protein 70 ELISA kit.

### Statistical Analysis

Student's t-test was used for statistical analysis of the circulatory and salivary HSP 70 values healthy individuals and an individual undergoing renal dialysis, which was expressed in terms of mean and standard deviation.  $P < 0.05$  was considered to be statistically significant.

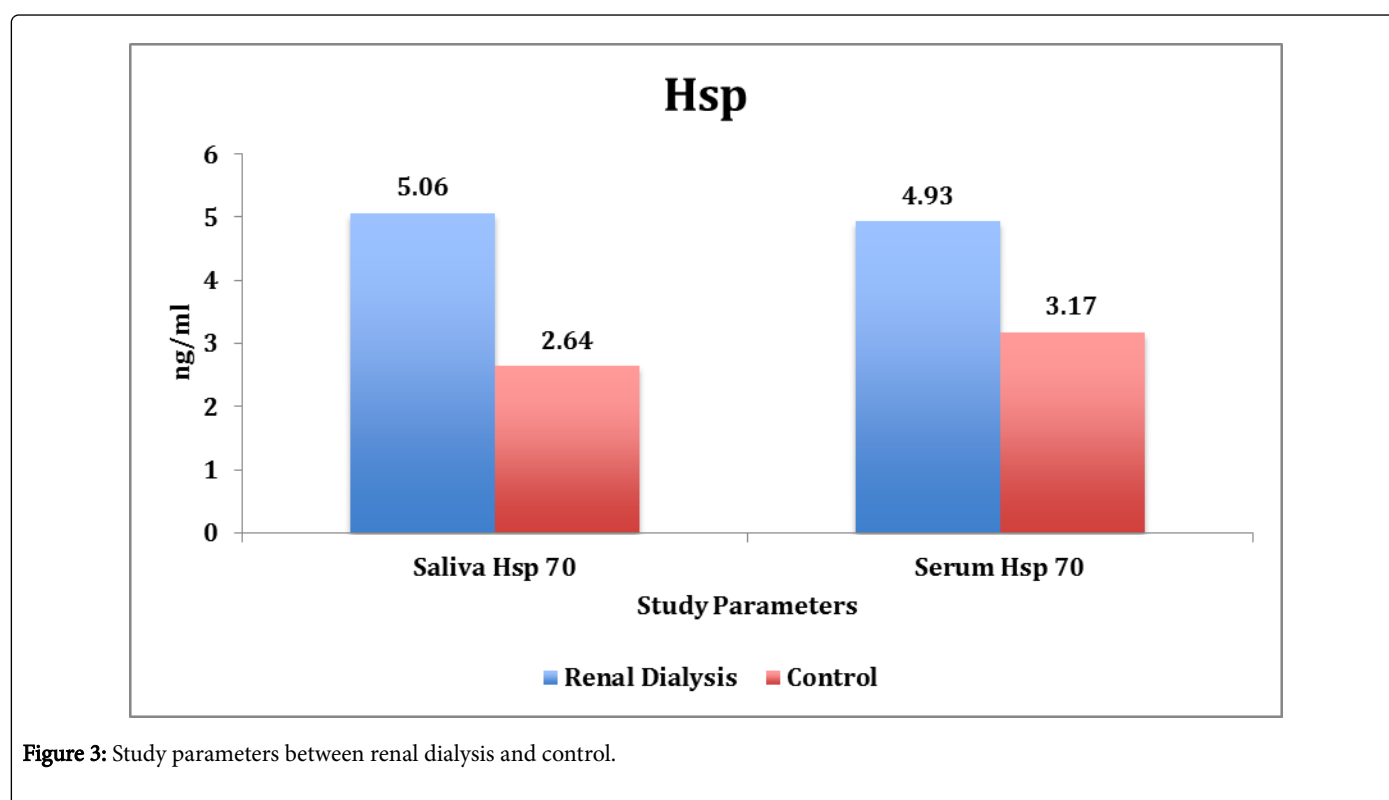
### Results

There was a significant increase in Serum Heat shock protein 70 levels in Experimental group (4.936 ng/ml) in comparison with the control group (3.170 ng/ml) (Table 1, Figure 3).

Hsp 70 (ng/ml)	Groups	N	Mean	SD	Mean difference (95% CI)	t	dff	P-value
Saliva	Experimental Group	40	5.066	0.398	2.425 (2.023, 2.827)	12.67	18	< 0.001*
	Control	40	2.641	0.456				
Serum	Experimental Group	40	4.936	0.371	1.767 (1.369, 2.164)	9.34	18	< 0.001*
	Control	40	3.17	0.469				

\*P value is significant at < 0.05.

**Table 1:** Salivary Heat shock protein 70 shock showed significant levels in experimental levels (5.066 ng/dl) compared to control group (2.641 ng/dl).



**Figure 3:** Study parameters between renal dialysis and control.

## Discussion

This study aimed at evaluating whether heat shock protein 70 is an efficient stress marker in chronic kidney disease conditions. Reversing polypeptide unfolding and preventing protein aggregation are major functions of heat shock proteins, especially under stress. In non-stressed cells heat shock proteins are present in low concentrations, while in stressed cells they accumulate in higher levels [11].

The study showed that salivary and serum HSP 70 could be efficient stress markers. Heat shock protein activation seems to be indicator for reactive stressful condition such as blood dialyzer contact [12]. Mao et al., examined rats with obstructive nephropathy and the impact of heat shock protein, the study showed that HSP 72 given orally inhibited proliferation and apoptosis of tubular cells and decreased accumulation of fibroblast and collagen in renal parenchyma showing fibrosis, Lin et al., in 2010 confirmed the cytoprotective role of HSP 27 in atherogenesis in rats undergoing subtotal nephropathy [13].

The role of heat shock proteins in skeletal muscle atrophy typical among patients undergoing haemodialysis was explained by Crowe et al., in (2007) [14]. In cases of Kidney transplantation the stress induced Heat Shock protein 70 expression improved their survival rate in both humans and rats [15].

The intracellular forms of Heat shock proteins show a cytoprotective and anti-apoptotic role in the progression of chronic kidney disease. Dialysis definitely aggravates the disturbances in stress response. Therefore, future investigations should concrete on the mode of heat shock protein induction, and therapeutic interventions improving their general health status.

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