Serum IL-6, IL-8 and CRP as Markers for Prediction of Bacteremia by Gram Negative Rods in Febrile Cancer Patients and in Irradiated Rats

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Abstract

In this study, serum inflammatory mediator’s levels (IL-6 and IL-8) at fever onset to predict gram negative bacteremia in cancer patients have been determined. Also, the effect of gamma irradiation on IL-6 serum levels has been investigated using animal model at dose level 24.4 Gy. Seventy feverish in-patients were enrolled in the study. Blood samples were collected at onset of fever for assay of IL-6, IL-8, CRP, C3 and total leukocytic count. IL-6 and IL-8 serum levels were higher in patients with gram negative bacteremia than in those with non-microbial fever. For patients with gram negative bacteremia and those without there was significant difference in IL-6 and IL-8 serum levels (P=0.0001 and P=0.0059 respectively). While, CRP and C3 serum levels showed non-significant differences. Using (ROC), IL-6 was potentially useful with Sp, NPV of 100% and 398.6 pg/ml cut-off value and AUC of 1.000 compared to Sp 77.8%, NPV 60% and AUC of 0.844 for CRP. On the other hand, IL-8 values didn’t show overlapping in the groups. In the animal model, (ROC) for IL-6 serum concentration in bacteremia groups (due to Pseudomonas aeruginosa and Klebsiella pneumoniae) with exposure to gamma radiation showed a cut-off value of 25740 pg/ml with 58.3% Sn, NPV 64.3%. These results showed the potential usefulness of IL-6 and IL-8 as early predictors of gram-negative bacteremia than commonly used markers such as CRP and C3. Also, usefulness of serum IL-6 as marker discriminating between different fever episodes in cancer patients under radiotherapy.

Keywords: Gram negative rods; Bacteremia; C-Reactive protein; Interleukin-6; Interleukin-8; Cancer patients

Introduction

Bloodstream infection (BSI) continues to be a life-threatening condition. The bloodstream was the second most frequent infection site, representing 20% of all infections [1]. People in good health with strong immune systems rarely develop bacteremia. However, when bacteria are introduced directly into the circulatory system, especially in a person who is ill or undergoing aggressive medical treatment, the immune system may not be able to cope with the invasion and symptoms of bacteremia may develop. Symptoms of bacteremia may include: fever over 101°F (38.3°C), chills, malaise, abdominal nausea, vomiting, diarrhea, anxiety, shortness of breath and confusion. Conditions which increase the chances of developing bacteremia include: immune suppression, either due to HIV infection or drug therapy, antibiotic therapy which changes the balance of bacterial types in the body, prolonged or severe illness, alcoholism or other drug abuse, malnutrition, diseases or drug therapy that cause ulcers in the intestines, e.g., chemotherapy for cancer [2]. Prompt identification of early bacterial infection in fever is very important, since appropriate etiological treatment and avoidance of unnecessary antimicrobial therapy could not only reduce the morbidity, mortality and costs to patients, but also can reduce the emergence of antibiotic-resistant bacteria. Infections are still the major cause of treatment-related morbidity and mortality in cancer patients. The malignant disease and the intensive chemotherapy may cause an impaired host defense to infection, key factors are the intensity and duration of neutropenia, but a decreased function of granulocytes and disturbances of natural barriers may substantially add to the risk of serious infections [3]. Neutropenic cancer patients with bacteremia, in particular those with gram-negative bacteremia, appear to have a relatively high risk of complications and lethal outcome which is clearly higher than the risk of adverse outcomes associated with unexplained fever. The traditional diagnostic tools, such as C-reactive protein (CRP) and leukocyte count, are not specific enough for differentiating bacterial infections from viral infections and systemic inflammation [4]. Microbiologic culture requires at least 24 h to 48 h, and negative cultures do not exclude the presence of infection [5]. Moreover, only 5% to 10% of blood cultures performed in hospitals show microorganisms [6]. Gram-negative bacteria play an important role in bloodstream infections about 30% of cases in the ICU are caused by one or another species of Klebsiella, E. coli, Enterobacter species, and P. aeruginosa [7]. A variety of laboratory markers of systemic inflammation, such as interleukin-6 (IL-6), interleukin-8 (IL-8), and C-reactive protein (CRP) have been used to identify patients with infection. Of these markers, increased blood levels of IL-6 and IL-8 denote activation of monocytes/macrophages and both cytokines induce CRP synthesis in the liver [8]. This makes IL-6 an interesting molecule to evaluate in the early phase of infection and sepsis [9,10]. In neutropenic patients, enhanced IL-8 production has been demonstrated in predicting bacteremia [11]. Recognition of bacteria by complement components is likely to induce the activation complement pathways leading to the formation of a C3 convertase and the generation of complement activation products triggering diverse biological activities, such as microbial opsonization, phagocyte recruitment and inflammation, resulting in the elimination of pathogenic microorganisms [12,13]. The predominant gram-negative bacteria, P. aeruginosa and K. pneumoniae, were isolated from blood of cancer patients under radiotherapy [14-17]. So, there is an obvious

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Received April 26, 2016; Accepted July 20, 2017; Published July 24, 2017

Citation: Farrag HA, Aboulwafa MM, Aboshanab KM, Abdelbasset AA (2017) Serum IL-6, IL-8 and CRP as Markers for Prediction of Bacteremia by Gram Negative Rods in Febrile Cancer Patients and in Irradiated Rats. J Med Microb Diagn 6: 258. doi:10.4172/2161-0703.1000258

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need for more specific biomarkers of bacterial infections in febrile cancer patients. The detection of CRP, IL-6 and IL-8 may be a better combination to identify early bacterial infection in febrile cancer patients. We, therefore, undertook this study to compare the diagnostic properties and assess the optimum cut-off values of these markers to detect gram negative bacteremia early in febrile cancer patients.

Materials and Methods

Patients and samples

A total of 70 cancer in-patients with fever onset admitted to public hospitals, private hospitals and Nasser Institute hospital, Cairo, Egypt were included in this study. Data on variables that could affect the results were recorded including age, gender, malignancies (diagnosed as Acute Myeloid Leukemia and solid tumors). Patients on prior treatment with drugs and antibiotics were excluded from the study. Venous blood samples were drawn by medical staff.

Bacterial strains

For bacterial cultures, routinely more than one blood culture bottle (BACTEC Peds Plus™/F, Becton Dickinson, Europe, France) for each patient were obtained. By using standard laboratory methods, contaminated blood culture or cultures positive for microbial growth other than gram negative bacilli were excluded from the study. In case of positive blood samples and after incubation 2 days to 7 days at 37°C, cultivation was carried out on blood agar plates and MacConkey’s agar plates (England) for isolation of gram negative bacilli only. Identification of isolated organisms from blood specimens was done by API 20E (BioMérieux, France).

Blood sampling and assays

Blood samples mixed with K2EDTA containing vacutainer tubes (Becton, Dickinson Company, USA) were centrifuged immediately and plasma samples were used for total leukocytic count analysis. WBCs count was performed on 200 μl plasma and determined by Beckman/Coulter, (USA) CBC-5 semi-automated located at Nasser Institute Hospital, Cairo, Egypt. While, blood samples vacutainer tubes containing thrombin were centrifuged immediately and sera were frozen at -20°C until measurements and assay of CRP, IL-6, IL-8 and C3 (Instructions of the manufacturers were strictly followed). To determine normal levels of measured parameters, under the same conditions, serum samples were obtained from healthy volunteers. C-reactive protein (CRP) serum level was achieved by CRP-turbilatex through the turbiquick reader (Vital Diagnostics, Italy). IL-6 and IL-8 serum levels were measured by commercially available Enzyme Linked Immunosorbent Assay (ELISA) kit with a detection limit of 3 pg/ml and 25 pg/ml respectively and the intensity of colored products was measured spectrophotometrically at 450 nm. Serum IL-6 was measured by RayBio Human IL-6 ELISA kit (Raybiotech, Inc, USA). While, IL-8 serum levels were measured using (Diaclone SAS, France). Complement C3 activity was determined in serum samples using (radial immunodiffusion plate) DIFFU-PLATE (Biocientifica SA, Argentina).

Statistical analysis

The significance of differences between groups was calculated with t-test and statistical significance was designated at the 95% confidence level (two-sided P). The data was analyzed using SPSS version 11.0 for determination of cut-off levels, sensitivity and specificity through ROC (Receiver Operating Characteristic) curves.

Results

The number and frequency of positive and negative cases for bacterial growth from blood culture samples of feverish cancer patients out of 70 cases revealed that, 34 (49%) positive blood cultures and 36 (51%) no detected growth. Among the studied cancer patients, there were 38 males beside 32 females with age range from neonates to 72. The numbers of different bacterial species and their relative percentages isolated from feverish cancer patients (34 cases) represented in Table 2.

The results of C-reactive protein (CRP) measurements revealed that, in cancer patients with gram negative bacteremia (n=34) CRP was ranged from <3.3 mg/l (normal levels) to 390 mg/l and in cancer patients without bacteremia (non-microbial fever) (n=36) it was ranged from <3.3 mg/l to 206 mg/l. The data of CRP for both groups were statistically analyzed and revealed that, P-value was non-significant=0.138. IL-6 serum concentrations were above normal values during gram negative bacteremia in cancer patients most values were between 136.32 pg/ml and 2487 pg/ml with some extreme levels reached 3083.4 pg/ml with mean value of 2048.9 pg/ml. In the present study, the data of sIL-6 concentrations showed P-value=0.0001 between cancer patients with positive blood cultures and negative blood cultures. For assay of serum levels of IL-8, IL-8 serum concentrations were above normal values in cancer patients with positive blood cultures.
in the positive blood culture, the mean values of different tested serum markers were very high elevations when rats were exposed to radiation, their IL-6 serum levels elevated to 29753.9 pg/ml. WBCs in rat IL-6 serum levels reaching 27284 pg/ml and with exposure to gamma radiation the IL-6 serum levels reached 29753.9 pg/ml. In bacteremia fever groups, there were very high elevations in IL-6, IL-8 and CRP serum levels in rats exposed to radiation. While, in bacteremia fever groups with exposure to gamma radiation the IL-6 serum levels reached 29753.9 pg/ml. WBCs count decreased in gamma irradiated rats and in irradiated rats treated with yeast. In bacteremia fever groups with exposure to gamma radiation, the IL-6 serum levels reached 29753.9 pg/ml. WBCs count decreased in gamma irradiated rats and in irradiated rats treated with yeast. In bacteremia fever groups with exposure to gamma radiation, the IL-6 serum levels reached 29753.9 pg/ml. WBCs count decreased in gamma irradiated rats and in irradiated rats treated with yeast. In bacteremia fever groups with exposure to gamma radiation, the IL-6 serum levels reached 29753.9 pg/ml. WBCs count decreased in gamma irradiated rats and in irradiated rats treated with yeast. In bacteremia fever groups with exposure to gamma radiation, the IL-6 serum levels reached 29753.9 pg/ml. WBCs count decreased in gamma irradiated rats and in irradiated rats treated with yeast. In bacteremia fever groups with exposure to gamma radiation, the IL-6 serum levels reached 29753.9 pg/ml. WBCs count decreased in gamma irradiated rats and in irradiated rats treated with yeast. in bacteremia fever groups with exposure to gamma radiation, the IL-6 serum levels reached 29753.9 pg/ml. WBCs count decreased in gamma irradiated rats and in irradiated rats treated with yeast. In bacteremia fever groups with exposure to gamma radiation, the IL-6 serum levels reached 29753.9 pg/ml. WBCs count decreased in gamma irradiated rats and in irradiated rats treated with yeast. In bacteremia fever groups with exposure to gamma radiation, the IL-6 serum levels reached 29753.9 pg/ml. WBCs count decreased in gamma irradiated rats and in irradiated rats treated with yeast. In bacteremia fever groups with exposure to gamma radiation, the IL-6 serum levels reached 29753.9 pg/ml. WBCs count decreased in gamma irradiated rats and in irradiated rats treated with yeast. In bacteremia fever groups with exposure to gamma radiation, the IL-6 serum levels reached 29753.9 pg/ml. WBCs count decreased in gamma irradiated rats and in irradiated rats treated with yeast. In bacteremia fever groups with exposure to gamma radiation, the IL-6 serum levels reached 29753.9 pg/ml. WBCs count decreased in gamma irradiated rats and in irradiated rats treated with yeast.
to gamma irradiation WBCs count was higher than that measured in bacteremia fever groups without gamma irradiation exposure.

For the different treated rat groups as well as control groups, the rectal temperature, white blood cells count and IL-6 serum concentrations determined at the end of the experiment from blood samples of sacrificed animals and the results are represented in Table 5.

### Statistical analysis of IL-6 serum levels in bacteremic groups with and without exposure to gamma irradiation by Receiver Operating Characteristic Curve (ROC)

Diagnostic validity test Receiver Operating Characteristic Curve (ROC) was done between bacteremia groups (due to *P. aeruginosa* and *Klebsiella pneumoniae*) with exposure to gamma irradiation (groups 6 and 7) for IL-6 serum concentration as represented in Figure 3, showing cut-off value of 25740 pg/ml with 75% specificity, 58.3% sensitivity, negative predictive value 64.3 and positive predictive value 70.

### Discussion

In this study, the prevalence of gram negative bacteremia among 70 febrile cancer patients was 49% and the most frequently isolated gram-negative rods were *E. coli* (41%) followed by *Klebsiella pneumoniae* (23%) then *Pseudomonas* sp. (27%). Reyes et al. [21] reported that prevalence of bacteremia for all cancer, neutropenia and fever events was 24.3% and gram-negative bacteria were predominant (65%), the ratio of isolates of gram negative and gram positive was 2.2. The most frequently isolated bacteria were *Pseudomonas* sp. (21.6%).

Many studies associate bloodstream infections in cancer patients with gram-negative bacteria. Amongst gram-negative rods, *E. coli* was the most common isolate; in cancer patients, twice as many BSIs were caused by *P. aeruginosa* and *Enterobacter cloacae* [22]. LPS in gram-negative bacteria leads to increases in expression of IL-6 and IL-8 [23,24]. Granzymes are serine proteases released by cytotoxic lymphocytes and induce cell death in virus-infected cells and tumor cells. However, granzymes also exist extracellularly in the blood circulation of patients with autoimmune diseases and infections and may contribute to inflammation. Human granzyme (GrK) binds to gram-negative bacteria and to lipopolysaccharide (LPS), a gram negative bacterial cell wall component. The data indicated that GrK lowers the threshold for monocyte activation by LPS, in that GrK synergistically increases LPS-induced release of proinflammatory cytokines *in-vitro* and *in-vivo*. In conclusion, GrK modulates the innate immune response against LPS and Gram-negative bacteria and may contribute to the pathogenesis of diseases associated with a local or systemic bacterial infection [25]. A valuable marker of infection with gram-negative rods in this setting would be associated with high sensitivity and specificity for predicting infection. CRP serum concentrations in our study showed non-significant difference between bacteremia group and group of non-microbial fever (P-value=0.138) with NPV of 60% and PPV of 77.8% (Sn.77.8 and Sp. 60). Currently used conventional infection markers such as CRP level, WBC count and the erythrocyte sedimentation rate have relatively poor discriminatory capacity in distinguishing patients with bacterial infections versus patients with nonbacterial infections [26]. Though CRP is the most commonly measured acute parameter in infection and sepsis, it is not a reliable marker in identifying bacterial infection because of its low sensitivity and specificity [27]. In the present study, there was significant difference in IL-6 serum concentration in cancer patients with positive blood cultures and negative blood cultures (P-value=0.0001). Our results found that IL-6 was discriminatory marker between bacteremia and non-bacteremia fever in cancer patients with high NPV of 100% and PPV of 100%. Levels of IL-6 in serum were measured because this cytokine is thought to have a central signaling function in the inflammatory response to microbial infection, i.e., induction...
of acute phase reaction by Johan et al. in 2001. A previous study showed IL-6 as a better prognostic marker of bacterial infection than CRP in patients with febrile neutropenia by Von Lilienfeld-Toil et al. in 2004. The highest serum concentrations of IL-6 were observed in episodes of gram-negative bacteremia in cancer patients and gram-positive organisms but higher in former [28].

The data of sIL-8 in our study revealed that, there was significant difference in IL-8 serum concentration in cancer patients with positive blood cultures and cancer patients with negative blood cultures (non-microbial fever) P-value=0.0059. When measuring IL-8 serum concentrations, there were strict differences in concentrations between bacteremia and non-bacteremia fever groups reaching 100% specificity and sensitivity. Al-Jebouri and Hasen [28] found in their study, that IL-8 levels were elevated earlier and higher in leukemic patients with gram negative sepsis by E. coli or Klebsiella pneumoniae and they also found that levels were likewise elevated in gram-positive sepsis, but less-so than with gram-negative infection. Release of IL-8 in Human whole blood cells were challenged with LPS at time zero, and IL-8 protein levels were determined at 0.5 hour, 1 hour, and 3 hours. All of these antigens significantly (P<0.05) induced IL-8 production at 1 hour after exposure and continued to do so at 3 hours [13].

Serum levels of complement C3 were decreased in bacteremia patients meaning there was activation of the complement system by gram negative bacteremia with non-significant difference (P-value=0.3004) between the studied groups. The peak C3a did not contribute to prediction of a positive culture by Von Lilienfeld-Toil et al. in 2004. Ongoing activation of the complement pathway may be a risk factor for poor prognosis, and persistently depressed serum complement protein levels may be an indirect marker for this [29].

In the present study, for cancer patients with gram negative bacteremia, there were significant relationships between P-value=0.0114. Also, there was significant correlation between IL-8 and IL-6 serum levels with P-value=0.0026. Meanwhile, there was non-significant relationship between IL-8 and WBCs with P-value=0.18 and significant relationship between IL-6 serum levels and WBCs count with P-value=0.000025. A relation between serum concentrations of IL-6 and CRP was described for cancer patients with Gram-negative bacteremia showing P-value=0.006. Meaning that IL-6 playing role in chemotaxis of white blood cells to site of infection cancer patients. A plausible explanation for the higher levels of IL-6 in patients with neutropenia may be related to the fact that gram-negative bacteria release high concentrations of endotoxin, which directly activates monocytes via the CD14 receptor [30]. When kinetics of IL-8, IL-6, CRP and WBCs Count were studied, no significant correlation was seen between IL-8 concentrations and numbers of WBCs. However, IL-8 correlated positively with circulating CRP and IL-6 in patients with sepsis syndrome [31,32]. The lowest median value for serum IL-8 was found in patients with unexplained fever, high IL-8 levels were correlated with gram-negative bacteremia, based on the above findings it appears that serum IL-8 measurement may be valuable to predict early complicated courses of bacteremia infection in the neutropenic host [11]. In comparison to CRP, the IL-8 level seems to be more worthwhile for discriminating infections from non-infectious causes in neutropenic febrile patients, especially at the start of febrile episode [33]. Concern regarding radiation effects on human health continues to increase worldwide, given that infection is a major cause of morbidity and mortality after exposure. Gray (Gy) is the unit used to measure the total about of radiation the patient is exposed to. This can also be recorded as centigray (cGy), which is 0.01 of a single gray unit. Adjuvant therapy doses typically range from 45 Gy to 60 Gy for cancer of the breast, head and neck, which is divided into multiple smaller doses given over a period of one to two months. In our study, we applied low dose radiation as 2 Gray (mean dose of two days fractionation administered to cancer patients given as one-shot dose) and high dose radiation represented as 7.5 Gray (mean dose of five days fractionation administered to cancer patients given as one-shot dose). Sarkar et al declared that 8 Gy is considered a lethal dose for rats.

Michael et al. in 2014 [34] recorded that when mice were exposed to total-body irradiation (TBI) with 3 Gy protons (70 cGy/min). One day, 2 days, 4 days, 8 days or 16 days later, subsets of mice were injected intraperitonially with live E. coli, the results showed that there were no unexpected effects of radiation or E. coli alone. Despite dramatic radiation-induced decreases in all leukocyte populations in both the blood and spleen, irradiated mice were still able to respond to an immune challenge based on capacity to generate an oxidative burst and secrete inflammatory cytokines, i.e., tumor necrosis factor-α (TNF-α) and IL-6. However, these responses were generally elevated above control values. These cytokines (IL-6 and TNF-α) are rapidly synthesized and secreted by inflammatory cells upon stimulation and in turn induce the production of adhesion molecules and other inflammatory mediators [35].

In gamma irradiation exposure groups (a) bacteremia fever (Pseudomonas aeruginosa and Klebsiella pneumoniae with exposure to gamma radiation (group 6,8) and (b) non-bacteremia fever (Radiation exposure+yeast) (group 4), it was observed that there was significant difference in IL-6 serum concentration in bacteremia fever group exposed to gamma radiation and non-bacteremic fever group exposed to gamma radiation P-value=0.0001 (for P. aeruginosa group) and 5.9 × 10^6 (for Klebsiella pneumoniae group). While, in groups that were not exposed to gamma radiation (a) bacteremic fever (P. aeruginosa and Klebsiella pneumoniae) (group 5,7) and (b) non-bacteremia fever (yeast fever) (group 3), there was significant difference in IL-6 serum concentrations between group of bacteremic fever due to P. aeruginosa and non-bacteremia fever group due to yeast with P-value=0.0001 and between group of bacteremia fever due to Klebsiella pneumoniae and non-bacteremia fever group due to yeast with P-value=0.000657. For P. aeruginosa bacteremia group with exposure to gamma radiation (group 6) and bacteremia group without exposure to gamma radiation (group 5) there was significant difference in serum IL-6 concentration P-value=0.0412 and for Klebsiella pneumonia bacteremia group (group 8) with exposure to gamma radiation and bacteremia group without exposure to gamma radiation (group 7) there was non-significant difference in serum IL-6 concentration P-value=0.27. In studying the effect of gamma radiation exposure, IL-6 serum concentration in group exposed to gamma radiation was significantly different from bacteremia group and bacteremia group with exposure to gamma radiation. P-value=0.0001 between gamma radiation exposure group (group 2) and bacteremia group due to P. aeruginosa (group 5) while, for Klebsiella pneumoniae group (group 7) P-value=0.0006518. Also, there was significant difference in IL-6 serum concentration between gamma radiation exposure group (group 2) and bacteremia group due to P. aeruginosa and Klebsiella pneumoniae with exposure to gamma radiation (groups 6 and 8) P-value=0.0001 and 5.5 × 10^7, respectively. For yeast group (non-bacteremia fever without exposure to gamma radiation) (group 3) and non-bacteremia fever with exposure to gamma radiation (group 4) there was non-significant difference in IL-6 serum concentration P-value=0.2726. From the results of ROC, we concluded that serum IL-6 concentration can be used as good marker for differentiation between bacteremia fever and non-bacteremia fever also radiation exposed groups.
Conclusion

In conclusion, IL-6 and IL-8 may be valuable biomarkers of gram-negative bacteremia in febrile cancer patients under radiotherapy and/or chemotherapy with greater predictive value than CRP. C3 may not be a valuable marker of identifying bacterial infection.

References