Treatment of Afferent Loop Obstruction by Percutaneous Trans-Hepatic Biliary and Intestinal Drainage

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Abstract

We presented a rare case of chronic afferent loop obstruction after radical resection of gastric carcinoma. A 44-year-old man was admitted because of “upper abdominal distension and abdominal pain for 3 months, skin and sclera jaundice for 2 weeks”. Abdominal CT revealed dilatation of the intrahepatic bile duct and common bile duct, a large, abdominal cystic lesion, as well as left adrenal gland metastasis. MRCP revealed that the cystic lesion was an expansion of loops. Thus, the diagnosis of afferent loop (A-loop) obstruction was made. Subsequently, the patient underwent percutaneous transhepatic choanal cholangial drainage (PTCD). The patient's abdominal pain was significantly reduced, and the jaundice subsided. We should consider the possibility of the occurrence of the left adrenal metastasis and abdominal lymph node metastasis led to a chronic obstruction of A-loop. The chronic obstruction gradually developed into a complete blockage, further causing biliary obstruction and resulting in the occurrence of severe jaundice and abdominal pain. Here we not only reported a case of chronic afferent loop obstruction following radical resection of gastric carcinoma, but also analyzed the characteristic features of CT imaging and treatment. This case report is a good reference to similar gastrointestinal malignancy.

Keywords: Percutaneous trans hepatic choanal drainage; Afferent loop obstruction

Case Report

A 44-year-old man presented with 1-month progressive jaundice, as well as 3-month upper abdominal distension and abdominal pain. He had undergone an "extended radical resection for gastric carcinoma (total gastrectomy, Roux-en-Y anastomosis, distal pancreatectomy, and splenectomy and cholecystectomy)" due to gastric cancer three years ago. Physical examination revealed poor vitality, severe jaundice of the skin and sclera, a soft and movable mass in the upper abdomen. Laboratory examinations showed red blood cell (RBC) 3.0 × 1012/L, hemoglobin (HB) 76 g/L, total bilirubin (TBL) 187.7 µmol/L, albumin (ALB) 26.8 g/L, direct bilirubin (DBIL) 161.5 µmol/L, alkaline phosphatase (ALP) 99 IU/L. The results of tumor markers were as follows: carbohydrate antigen 19-9 (CA199) 80.82 ng/ml, carcinoembryonic antigen (CEA) 5.8 ng/ml. Abdominal CT revealed dilatation of the intrahepatic bile duct and common bile duct, a large, abdominal cystic lesion (Figure 1A), as well as left adrenal gland metastasis. MRCP revealed that the cystic lesion was an expansion of small bowel loops (Figure 1C). Thus, the diagnosis of afferent loop (A-loop) obstruction was made. Subsequently, the patient underwent percutaneous transhepatic choanal cholangial drainage (PTCD). The patient's abdominal pain was significantly reduced, and the jaundice subsided. We should consider the possibility of the occurrence of the left adrenal metastasis and abdominal lymph node metastasis led to a chronic obstruction of A-loop. The chronic obstruction gradually developed into a complete blockage, further causing biliary obstruction and resulting in the occurrence of severe jaundice and abdominal pain. Here we not only reported a case of chronic afferent loop obstruction following radical resection of gastric carcinoma, but also analyzed the characteristic features of CT imaging and treatment. This case report is a good reference to similar gastrointestinal malignancy.

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Figure 1: Imaging findings of the afferent loop obstruction; A. Enhanced CT showed expansion of bile duct and an intraperitoneal bladder; B. Enhanced CT showed a metastatic lesions of the adrenal gland; C. MRCP revealed that the intraperitoneal bladder was an expansion of small bowel loops.

To alleviate the pressure of the intestinal tract and bile duct, and prevent cholangitis and bowel necrosis, ultrasound-guided percutaneous transhepatic biliary drainage was performed under local anesthesia. After pierced into the right intrahepatic bile duct, the guide wire was then advanced into the proximal aspect of the obstruction, and followed by a 5 French cabra catheter. The guide wire was adjusted to pass through the narrow section, and an internal-external...
8.5-F drainage catheter (Dawson-Mueller drainage catheter; Cook) was inserted. The drainage tube tip was placed in the upper segment of the efferent loop through the bile duct and the A-loop-jejunal anastomosis (Figure 2B). There were no procedural complications. He was treated with Transmentil and Glutathione (GSH) after PTCD. Because of deterioration of the general condition, he was also treated with parenteral nutrition (aminoacid solution, vitamins, glucose, electrolytes, lipids) for a total caloric contribution of 1,500 kcal/daily. The abdominal pain was significantly reduced the same day after operation. The jaundice rapidly disappeared, and clinical conditions quickly improved. After five postoperative days, the follow-up CT scan showed that the dilatation of the bile duct and duodenal A-loop was significantly reduced compared to that before operation (Figure 2C). A-loop obstruction did not recur during three months of follow-up.

The patient presented with 3-month of upper abdominal distension and abdominal pain, as well as 1-month of progressive jaundice. Abdominal CT revealed left adrenal gland metastasis (Figure 1B). PTCD showed the duodenal-jejunal anastomotic stricture (Figure 2A), both CT and PTCD reveal an intestine jejuno-jejunosotomy lesion. Therefore, we deducted that the stricture and intestine lesion is secondary to the adrenal metastasis.

It might be a partial obstruction in the early stage of metastasis, when upper abdominal distension and abdominal pain was the main symptoms. With the growing oppression of the left adrenal gland lump, and obstruction of intestine metastatic lesion, the chronic obstruction gradually developed into a complete blockage, causing intestine conducts bile, pancreatic juices, as well as intestinal secretions gathering, dilatation of the afferent loop, which resulted in the occurrence of severe jaundice and abdominal pain.

**Discussion**

Afferent loop obstruction often occurs after a subtotal gastrectomy with Billroth II anastomosis, especially in patients with the duodenal jejunal curve inclining extremely to the left side [1]. The anastomosis can cause distortion in the afferent section. In such cases, the mesentery of the efferent section located in front of the afferent section can stretch tightly to form a rope belt and compress the afferent section. This type of obstruction is a closed loop obstruction, which can easily lead to strangulation, bowel necrosis, and perforation. It often requires emergency surgery once diagnosed.

To prevent these complications, in recent years, side-to-side anastomosis (Braun anastomosis), that is, Roux-en-Y anastomosis, was performed between the afferent and efferent jejunum in Billroth II subtotal gastrectomy. Roux-en-Y anastomosis avoids anastomosis at the crossing site of the afferent and efferent loops and reduces such complications as afferent loop obstruction. Therefore, the incidence of gastric carcinoma in this patient, Roux-en-Y anastomosis of radical gastrectomy was performed. However, due to the occurrence of the left adrenal metastasis, the invasion and compression of the growing metastatic lesion onto the opening of the afferent loop led to a chronic obstruction. It might be a partial obstruction in the early stage of metastasis, when upper abdominal distension and abdominal pain was the main symptoms. With the growing oppression of the left adrenal gland lump, and obstruction of intestine metastatic lesion, the chronic obstruction gradually developed into a complete blockage, causing intestine conducts bile, pancreatic juices, as well as intestinal secretions gathering, dilatation of the afferent loop, which resulted in the occurrence of severe jaundice and abdominal pain.

If timely treatment is not provided, further development may lead to necrosis and perforation in the bowel segment of the afferent loop, as well as other fatal complications, such as liver failure. The treatments for malignant A-loop obstruction include surgery, endoscopic treatment and PTCD [3]. However, such patients, especially after radical resection of gastric carcinoma (as in this case), are usually in poor physical condition, with severe anemia, severe jaundice, hypoproteinemia, malnutrition, and physical exhaustion, so surgical treatment is risky. In the present case, we chose PTCD because the patient was too sick to undergo surgery and the peroral approach [4] could not be used because of the patient's altered upper gastrointestinal tract anatomy. Therefore, PTCD [5,6] can be considered a safe and effective treatment for patients with malignant A-loop obstruction.

**References**