What Shall We Do with the Drunken-"Executive Emergency Psychotherapist"? The Absurdity of the Health System of Old Germany: A Critical Consideration

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Introduction

It’s very important to know precise, what is to do in the case of a major accidents (for example a plane crash or train accident) with the survivors! The General Psychologist Council in “Nördrein-Westfahren”-state in Germany, licensed since any years the certificate “executive emergency psychologies or psychotherapists” [1,2]. Not only an absolute nonsense, it makes much more disaster and more!! It’s very important to know precise, what is to do in the case of a major accidents (for example a plane crash or train accident) with the survivors! The General Psychologist Council in “Nördrein-Westfahren”-state in Germany, licensed since any years the certificate “executive emergency psychologies or psychotherapists” [1,2]. Not only an absolute nonsense, it makes much more disaster and more!!

The General Psychologist Council could look for members, who likes to go in an special training (train the trainees), it could be a training from psychology-Debriefing [3]. To become an executive emergency psychologist, you have to do a lot of curses for example: Participation of training for major accidents by the fire brigade, what it’s be seldom and if, than without psychologists.

Further education in taking over about to executive positions and coordination functions in severe mental disorders of major accidents, Operation basics and command and control/directive leadership.

Technology and knowledge of techniques from the rescue services, the involved authorities and organizations. Also coordination the emergency psychologist-psychotherapy care at mass casualty incidents (MCI), Administrative and organizational knowledge about the infrastructure in details from managing emergency physicians, fire brigade, police and so on…practical exercises with transmit via radio, complex strategic simulations and so on… it shall be enough for that nonsense!

Survey Report

How is the official structure in Germany in case of major accidents?

In the first moment the major accident is running, only the fire brigade has the command over all, nobody else, no other organization, all people and organization has to listen what the fire brigade talk that are commands without discussion!

The fire brigade built different centers for example builders for medical care, for relatives, for Helpers, and so on, in a necessary distance from acute place of accident. They rescue the injured persons and transported they in the special built. Helpers have to go to a meeting place and they will be transferred with a bus of fire brigade to the Helpers -built and then they had to wait of commands and nothing more. After the current situations the fire brigade to pass over responsibility to his successor, the public health department. If it all, than in case, cut the psychologists goes on, but they are over-qualified an it has the risk, along similar lines to “Enschede”-Germany (IC-Train accident) the “Thrauma therapists ”were “helping” with EMDR, it became rather a disaster and also after the assassination attempt of the government depart “Zug”-Switzerland (a person shoot with an automatic gun in the round of parliamentarians), how were “helping” with "psychological Debriefings", also afterwards a disaster [4].

The most important questioners are: A) What it be indeed necessary in case of major accidents, B) What can a General Psychologist Council do as provision for the future?

Nurses and trained helpers know, that people in thatch situations need above all safety and peace and confidential support, nothing more!! The helpers must give resistance to stress for the survivors (not everybody must have a traumatic stress disorder and this “classification” needs time, the minimum has 76 h after the situation). And for this case, the General Psychologist Council could look for members, who likes to go in an special training (train the trainees), it could be a training from psychology-Debriefing [3]. To become an executive emergency psychologist, you have to do a lot of curses for example: Participation of training for major accidents by the fire brigade, what it’s be seldom and if, than without psychologists.

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The General Psychologist Council could organization the education from first helpers in acute case of major accidents, and to go on in cooperation with the public health department. Trauma therapists don’t have experiments in handling/treatment with large groups and particularly not in thatch especial Situations, how other "social-laws" are directing as normal social-groups.

Helpful could be to form a preparatory group, trainees break into small groups and actually work through the exercise in planning, what they have to do, for example especially psychological skills how: We can do knowledge sharing of safety, peace and resistance to stress, as givers to the survivors.

In this case it could be helpful, this members to educate and train in psychological Debriefings, a high qualification in dealing with the survivors in case of major accidents. This group-members must directed by the General Psychologist Council, the members must know all the other members and after the first training/education the General Psychologist Council hast it make sure, that all this first-helper-groups have regular meetings and have to take updates. Furthermore it is to be ensured that all the required, that all members'
access about competent addresses from physicians, Social-Workers and other organizations to with the survivors could go with confidence.

The psychologists chamber NRW (in the federal state of Germany) assigns the recognition as an "Executive emergency psychotherapists", in a list to the health authorities to make available.

Some of the conditions thereof were:

According to, practical experience in the psychotherapeutic acute care of emergency patients and specific training required. This includes

Participation in exercises or operations in the event of major events and large-scale damage cases.

Training in the acquisition of management functions and coordination functions in the mental acute care at large-scale events or large damage cases.

Mediation use of tactical command and tactical basics.

Skills in technology of the rescue service of the authorities and organizations, as well as the coordination of the psychological and psychotherapeutic emergency supply in the event of a mass casualty's knowledge at the various levels of management and management levels are named.

Continue administrative or organizational knowledge and others of the details of the infrastructure and organizational structure of notary physicians, police, fire brigade, etc. practical exercises are radio exercises, plan games and implementation of exercises.

In accordance with Section 3 Transitional arrangements have the persons who, before the entry into force of these Regulations (07.12.2008) as "senior emergency psychotherapist" by the psychotherapist chamber have been named, the qualifications already achieved.

To begin the "interesting" detail

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responder in all modesty patiently just be present and the survivors in their efforts to support self-help restrained.

What technical skills, the psychologist's chamber now initiate a meaningful way, except in particular an appropriate modesty? "Psychological Emergency helper"

The necessary humility of restraint in the acute care of survivors, also in the second row under the management of the public health office, as supreme commandment action was already stressed above. The author himself is since approx. 18 years including in the severely burned in the hospital supply Köln-Merheim involved and this also shows the appropriateness of modesty in professional competence as set out above. After 14 - 21 days is often a stabilization process of the normal stress response than over-excitation in the framework of a competent-restrained accompaniment to attest.

Since the current topic large damage case, is always (larger) groups to take care of the goods. It is assumed that there are only very few to no trauma psychologists are dealing with major groups have exercised survivors ever. This would be the first to offer what the psychologist's chamber had. In this context it would possibly after training as a Debriefiefer Mitchell (USA) or Perren Klingler (Switzerland) is strongly recommended. Not just now on the square is actually a debriefing, this would be a "art error". But in order to ensure a proper and professional handling of such groupings to train. Also a reliable "triage" to identify and act, what the author cannot go into here (for more information in: Schötzau-Fürwentsches 2013). Also from my own experience allows the author to point out explicitly that the general psychological group does not work with the support of groups of survivors to compare. This is in any case, here it needs special training and experience! The critical statements regarding the ineffectiveness of the debriefing in large parts of scientific - statistically very questionable are well known. A pilot study is in preparation, first rough review of the results contradict already now undoubtedly such reservations.

Psychological emergency responders could by regular "Updates" or training, the psychologist's chamber organized in the above described psychological skills such as mediation of security, peace, resistance to stress, etc. are trained. That regular "Updates" or training of the participants to guarantee, as a one-off training of "eventually" would be insufficient, understands itself. Also here then the technically necessary and appropriate group formation of psychological emergency responders in larger towns and cities by the psychologists chamber for the different regional care places directly. It also promotes mutual understanding and appreciate. These groups were always ready and competent can be used.

Continue to the deployment of address lists technically competent doctors, psychologists, social workers and other organizations to which the survivors could turn as necessary.

In order to create a smile also allowed the author of the note that while it is called "senior emergency psychologists", but not "top senior emergency pastors". There is, however, senior doctors at the fire brigade, perhaps this was the association?

Summary

After the health system through the psychologists chamber NRW-Germany the first "Executive emergency psychologists" named, show the administrative rules and conditions on which it is difficult to make further psychologists, competent help in case of a disaster. In how far and whether any "senior emergency psychologists" a sense, is discussed. Both from the "tactical" approach, but mainly in the actual support projects of persons after a major case of damage caused by psychological trauma experts, are serious errors of judgment is described and the initiation of long-term use groups to create "Psychological Emergency helper" is recommended.

References