

Market Analysis on Nutrition and Obesity Prevention

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Market Analysis

People haven't given the trouble of being overweight and obese the equal attention to different risks such as smoking, but it is a peak health difficulty. Obesity isn't simply restricted to 1 part of the arena. The consequences of overweight continued to growth and feature by no means come to an end for many years. The possibilities of being meal insecure are better for women than men in each continent. The monstrous advancement of the technology, loss of bodily activities and excessive fat content in the diet are the numerous elements for obesity. About 30% of the world population was affected by obesity. So there is a need to upturn the notice approximately obesity and the ways and means that are to be had to keep away from it with a proper nutritional eating regimen must be a highlight

Researchers observed that obese and obesity among children and kids is likewise a developing problem in the world. The analysis shows that 35% of men and 40% of women have been overweight compared to 30% and 35% in 2017. The analysis of present statistics from 186 countries, observed that the global share of male adults with a BMI of 27 or more, enlarged from 42% in 2012 to 70% in 2015 while the percentage of female adults with the BMI stated above, improved from 41% to 60% over the same period.

Researchers also highlighted a drastic increase in the prevalence of extra weight in children and youngsters in evolved international

locations - 24% of boys and 23% of girls global had been overweight or overweight in 2013. At present 30% of the worldwide population is obese. Obesity is costing the arena \$2 trillion every year, nearly as expensive as armed conflict and smoking. This is a ticking time bomb. The latest studies predict that nearly 1/2 of the world's grownup population will be obese or overweight through 2030.

With the immense support of our organizing committee member Alessandro Ferrario, MD, Post Bariatric Surgery, Gruppo San Donato, Italia. We are glad to step into the next year's conference. The 3rd World Congress on Nutrition and Obesity Prevention in the month of March on 26-27, 2020 in Abu Dhabi, UAE with the theme: Beating Obesity Leading a Healthy Lifestyle.

