

## Editor's Note on Precision Medicine to Readers

**James P Kelleher\***

Associate Professor of Clinical Psychiatry and Behavioral Sciences, New York Medical College, New York, USA

As indicated by the Precision Medicine Initiative, exactness medication is “a rising methodology for illness treatment and counteraction that considers singular fluctuation in qualities, condition, and way of life for every individual.” This methodology will permit specialists and analysts to anticipate all the more precisely which treatment and avoidance procedures for a specific ailment will work in which gatherings of individuals. It is as opposed to a one-size-fits-all methodology, where ailment treatment and avoidance methodologies are created for the normal individual, with less thought for the contrasts between people.

In spite of the fact that the expression “accuracy medication” is moderately new, the idea has been a piece of medical care for a long time. For instance, an individual who needs a blood bonding is not given blood from a haphazardly chosen giver; rather, the contributor’s blood classification is coordinated to the beneficiary to decrease the danger of entanglements. In spite of the fact that models can be found in a few zones of medication, the function of exactness medication in everyday medical services is moderately restricted. Specialists trust that this methodology will extend to numerous zones of wellbeing and medical care in coming years.

The basic idea of exactness medication, wherein medical care is separately customized based on an individual’s qualities, way of life and condition, is not new: bonding patients have been coordinated with benefactors as per blood classification for over a century (see page S52). Yet, propels in hereditary qualities, and the developing accessibility of wellbeing information, present a chance to make exact customized quiet consideration a clinical reality.

Today, when you are determined to have malignant growth, you ordinarily get a similar therapy as other people who

have same sort and phase of disease. All things being equal, various individuals may react in an unexpected way, and, as of not long ago, specialists did not have a clue why. Following quite a while of exploration, researchers presently comprehend that patients’ tumors have hereditary changes that cause malignancy to develop and spread. They have additionally discovered that the progressions that happen in one individual’s malignant growth may not happen in other people who have a similar kind of disease. In addition, a similar disease causing changes might be found in various sorts of malignant growth.

Google Analytics has revealed bewildering bits of knowledge concerning the reputation of this journal. All through Feb 2019-Nov 2019 there were 17, 860 site hits. The total amounts of returning visitors were 5,542. Likewise, all around 45,870+ new customers have gotten to the journal site for information on the journal and the appropriated articles, More than 17,000+ Visitors visiting the journal site to examine the dispersed articles or present their investigation results most raised number of visitors declaring both from the made and making nations. Larger aspect of the visitors have begun from India (10.18%), USA (15.69%), Saudi (2.74%), Indonesia (2.55%), Japan (2.19%), China (8.91%) and Philippines (2.76%).

Using progressed advancing without a key procedure is up until now regular. I am sure countless the associations in this class are using electronic media feasibly and they could irrefutably be getting uncommon results from their interest, email or online life publicizing. However, the journal is likewise sure that many are messing up chances for better zeroing in on or smoothing out. By using Twitter, associated in, Facebook and WhatsApp where we make another phase for our researchers.

---

\*Correspondence regarding this article should be directed to: [jkelleher@caa.columbia.edu](mailto:jkelleher@caa.columbia.edu)