

## Webinar on Effect of COVID-19 on Physical and Mental Wellbeing

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With the prosperous completion of our “25th International Conference on Psychiatric Disorders & Psychosomatic Medicine” which was held in Bangkok, Thailand on November 05-06, 2018 based on the theme of “Application of Psychosomatic Medicine to Achieve Mental and Physical Wellness”, we are glad to bring it back with a much refreshed and newer version of the “**26<sup>th</sup> International Conference on Psychiatry, Mental Disorders and Psychosomatic Medicine**” which is scheduled to take place in **Amsterdam, Netherlands on October 21-22, 2020**.

*“Disordered Eating, attachment, self-development and articulation of individual psychotherapy with family intervention”* by Dr. Federico Amianto, University of Turin, Italy

Meet our OCM and Renowned Speaker Dr Federico Amianto is expert in psychotherapy and his passion in exploring the relationship between personality traits, attachment dynamics, parenting functioning and self-development applying neuroimaging techniques. His model of intervention on severe eating disorders is based on the arrangement of the attachment experience both as a psychotherapeutic experience and as a change in family dynamics, coupled with inner changes in the functioning of the self. It is applied successfully in the Regional Pilot Centre for Eating Disorders and in the Centre for Eating Disorder and Psychopathology of Adolescence at the Regina Margherita Child Hospital in Torino. The model is addressed not only to those who are affected with eating disorders but represents a path for personality and self-development in adults who suffer from any psychological trouble. The hope for the future is to find out the psychobiological mechanisms that regulate the caregiver-adolescent interactions to promote a successful adult development in everyone.

The past conference proceeded through various Scientific Sessions with highlighted **Keynote presentations** by:

- 1) Joseph Rosado, Coastal Pain and Neurology Centre, USA
- 2) Hajra Hussain, City University of London, UK

3) Petr Zach, Charles University, Czech Republic

4) Donald R Posson, National University, USA

5) Masaki Otagiri, Sojo University, Japan

As per the requests from our previous participants and after gaining a very favourable outcome out of the past conference we are glad to introduce the **Psychosomatic Medicine 2020** Conference.

Due to COVID-19 pandemic the conference has been rescheduled to October 21-22, 2020 at Amsterdam, Netherlands.

We continue to have critical issues with Negativity, **drug abuse**, depression, **Organizational pressure**, and mental prosperity. As the world grappling under so much stress and negativity, the light of positive psychology is the only hope at the end of the tunnel. Psychosomatic Medicine is the developing field which includes noteworthy dynamism into the mental health research world.

The Psychosomatic Medicine 2020 is a special stage for an engaged arrangement of the current research in the field of assortment of cutting edge explore themes including including **Psychopharmacology**, Psychosomatic illness, Psychology, Psychotherapy, Neurodegenerative Disorders, Psychosomatic drugs, Mental Health & Wellness, **Dementia**, Obsessive Compulsive Disorders, Psychosomatic Treatment, **Mental Health Nursing** experiences of various treatment procedures.

Psychiatry, **Mental Disorders** and Psychosomatic Medicine Conference incorporates brief keynote introductions, oral talks, publication introductions, delegate sees, **board talks**, workshop and exhibitions. Go along with us for intensive and interesting days of talking about contemporary difficulties and new progressions in **recuperation** of mental issue through **psychosomatic medicines** and treatments.

We welcome you to contribute and shape the occasion through entries of your exploration edited abstracts, papers and **e-posters**.

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**Psychosomatic Medicine 2020** is the meeting committed to Psychiatrists and Psychologists to share their dominance, inductions and on-going headway in their [research work](#) away at the course of mental prosperity.

Reach us for any queries!

**Eliza Brown**

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