

Is Gastric Banding is a Surgical Treatment for Obesity?

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Editorial

The American Society for Metabolic and Bariatric Surgery (ASMBS) estimates that around 216,000 bariatric surgeries were performed within the U.S. in 2016. Of these, 3.4 percent were gastric bands. Gastric sleeve surgery was the foremost common type, accounting for 58.1 percent of procedures.

Here are some key points about gastric band surgery.

Gastric band surgery may be a sort of weight loss, or bariatric, surgery.

It is a minimally invasive, quick, reversible and adjustable surgery that decreases the dimensions of the stomach to scale back food intake.

It involves placing an inflatable band round the top of the stomach, which ends up during a person feels fuller with less food.

After surgery, it's necessary to follow a strict liquids-only diet with gradual reintroduction of sentimental foods for up to six weeks.

Banding may result in significant weight loss and improve diabetes, but weight loss varies greatly.

Gastric banding may be a sort of weight loss surgery that involves placing a silicone band round the upper part of the stomach to decrease stomach size and reduce food intake.

It is approved to be used as a weight loss treatment by the Food and Drug Administration (FDA).

The surgeon places the band round the upper portion of the stomach and attaches a tube to the band. The tube is accessible through a port under the skin of the abdomen.

Using this port, the surgeon injects saline into the band to inflate it.

Adjustments can alter the degree of constriction round the stomach. The band creates a little stomach pouch above it, with the remainder of the stomach below.

Having a smaller stomach pouch reduces the quantity of food that the stomach can hold at anybody time. The result's an increased feeling of fullness after eating a smaller amount of food. This, in turn, reduces hunger and helps lower overall food intake.

An advantage of this type of bariatric procedure is that it allows the body digested as was common, without malabsorption.

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