Commentary Open Access

## Importance of Vaccines

William Edwards\*

Department of Public Health, University of East London, UK

Corresponding author: William Edwards, Department of Public Health, University of East London, UK; E-mail: williamedw@ed.ac.uk

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## **Commentary**

Vaccines protect by inserting active substances (cells or molecules) that can quickly control repetitive viruses or activate their toxic components. Immune-induced antibodies are actually antibodies — produced by B lymphocytes — that are able to directly bind toxins or pathogens. Some diseases, such as cold sores, are mild. But others, such as small-pox or polio, can cause life-altering changes. They can even lead to death. That is why preventing your body from getting these diseases is so important.

The vaccines currently available are highly developed, with little or no understanding of how they activate the immune system. However, there is more to antibody mediated protection than the high number of antibody titers produced by the vaccine. The quality of those antibodies (e.g., their thickness, specificity, or ability to slow down) has been identified as a determining factor in efficiency. Long-term immunity requires persistent antibodies against immunosuppression and / or retention of immune immune cells that can regenerate quickly and effectively through viral exposure. Decisions on the introduction of immune memory, as well as the associated contribution of immune persistence and immune memory to protection against certain diseases, are important parameters for the effective implementation of a long-term goal.

However, throughout most of history, vaccines have been developed through empirical research without the involvement of orthopedic surgeons. There is a great need today for improved understanding of the immune system to develop vaccines that are difficult to control (such as Mycobacterium tuberculosis, bacterial infections (TB)) and viruses (such as HIV), to control outbreaks that threaten global health safety (such as COVID-19 or Ebola) and to find ways to regenerate immune responses to aging diseases to protect the growing number of adults from infectious diseases.

During vaccination, the body is exposed to a weak microbe, pieces of microbe, or something like a microbe. When the active ingredients in the vaccine come in contact with the immune system, the immune cells and the immune system produced will see a "real" microbe. When an infected person is exposed to the virus, the immune system will provide a faster and better immune response that can prevent infections. This is an active vaccine that is automatically detected. A good vaccine will give acceptable and long- term protection against the complaint. The quantum of boluses needed varies depending on the vaccine. In some vaccines, there's a need for a supporter cure latterly in life to maintain protection. These include vaccines for tetanus, diphtheria, polio and pertussis. Supporter boluses may be needed for walking vaccines.

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