



## Adrenalectomy for Bilateral Metachronous Adrenal Recurrence of Hepatocellular Carcinoma after Liver Transplant

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### Abstract

Hepatocellular melanoma is the fifth most common cancer in the world and the third leading cause of cancer-related death. It's presently one of the leading suggestions for liver transplant, with named 5- time survival rates after liver transplant of about 70. Despite excellent results of liver transplant for hepatocellular melanoma, a number of cases develop metastases after transplant, and multifocal metastatic complaint is the most frequent cause of death. In a large necropsy series of cases with hepatocellular melanoma, adrenal glands were the third most common point of extra hepatic metastasis after lungs and bones. Still, insulated metastatic complaint in the adrenal glands is rare, and insulated Metachronous bilateral metastasis is an indeed rarer circumstance. Only many reports have been published of Metachronous bilateral metastasis of hepatocellular carcinoma after liver transplant treated with bilateral Adrenalectomy. We describe a case of a 56- time-old man who passed liver transplant for hepatocellular melanoma in a cirrhotic liver. Two times after liver transplant, regular follow- up revealed metastatic complaint in the left adrenal gland. Preoperative imaging showed no other metastasis, and he passed an uneventful left Adrenalectomy. A time after surgery, he presented with right hand pain and tender-heartedness. Imaging showed haemorrhage and excrescence involvement of the right adrenal gland, and he passed right Adrenalectomy. Two times after surgery, he's alive and well with no signs of complaint rush. Supposedly, in the absence of intrahepatic or other metastases, bilateral Metachronous rush of hepatocellular melanoma after liver transplant can be a good surgical suggestion with respectable long- term survival [1-2].

**Keywords:** Adrenal glands; Adrenal metastasis; Intrahepatic metastasis

### Introduction

Liver transplant is a potentially restorative treatment for cases with hepatocellular melanoma (HCC), fulfilling specific criteria that take into account the morphology (size and number) of the excrescence, the case's functional status, and the status of the case's liver.<sup>1</sup> In cases named on the base of the below criteria, 5- time overall survival after liver transplant is over to 70 and 5- time complaint-free survival is close to 65.

The scattered liver is the most common point of rush, and extra hepatic metastases are also generally set up during complaint progression. Adrenal glands are among the most generally affected spots along with the lungs and bones. Insulated metastatic complaint in the adrenal glands, especially bilateral, is occasional, and only infrequently are similar cases campaigners for surgical treatment. In this report, we describe a case of a case who passed left Adrenalectomy for an insulated adrenal metastasis( AM) from HCC 2 times after orthotropic liver transplant and also a right Adrenalectomy for another insulated AM 1 time latterly [1-3].

Thirty months after the orthotropic liver transplant, a control ultrasonography revealed excrescence involves- ment of the left adrenal gland. The case's AFP position was normal, and no signs of excrescence dispersion were visible on multislice reckoned tomography reviews. Left Adrenalectomy was performed, and an 11.5- cm excrescence was removed together with the adrenal gland. One time after that surgery (42 months post-transplant), the case was admitted to the exigency department at our center because of abdominal pain radiating to the right hand. A multislice reckoned tomography checkup showed a discrepancy- enhanced mass in the right adrenal gland with a girding hematoma. The case's AFP position was again normal. Because the case was hemodynamically stable without a significant drop in haemoglobin, an optional right Adrenalectomy was performed 1 week latterly. The pathology examination showed a 5.5- cm metastasis of HCC to the right

adrenal gland. Two times after surgery, the case is well and without signs of excrescence rush in the scattered liver or away [4,5].

### Discussion

Hepatocellular melanoma is the fifth most common cancer in the world and the third leading cause of cancer- related death.<sup>5</sup> Liver transplant is an excellent treatment option for HCC, furnishing cure of both the excrescence and the underpinning cirrhosis in precisely named cases. Still, in 30 to 40 of cases, HCC recurs after orthotropic liver transplant. The scattered liver is the most frequent point of rush, with other frequently affected spots being the lungs, bones, and adrenal glands.

The prognostic of cases with extrahepatic metas- tases is poor, with median survival after opinion of only 4.9 months. The pattern of metastasis is generally one of multiple metastatic involvements and only probative and palliative care can be offered to these cases. Systemic remedy has limited efficacy. Solitary metastasis, on the other hand, gives an occasion for radical surgical resection. Reports describing issues of surgical resection of insulated AM from HCC are limited to several case reports and small case series. The reported rate of Metachronous AM from HCC after liver resection is 0.57. A series of cases from Lyon described 7 cases with 2 early postoperative deaths and mean survival

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of 38 months after adrenalectomy for the remaining 5 cases.<sup>8</sup> Several other case reports have described good results with surgical treatment of one-sided isolated AM appearing after variable ages posttransplant. Only 1 report described a course analogous to the one described for our case. In this report from Spain, the authors described insulated left AM 6 months after orthotopic liver transplant. Left adrenalectomy was performed; still, 8 months later, an insulated right AM appeared and a right adrenalectomy was performed. The case was reported to be free of rush 4 times after orthotopic liver transplant [6,7].

The first AM in our case was discovered during regular follow-up. Still, the second was suspected after the case presented with signs of adrenal haemorrhage. Adrenal haemorrhage secondary to metastasis of HCC is rare. A review of cases with adrenal haemorrhagic metastases set up haemorrhage caused by metastatic HCC in only 1 of 133 cases.

Possible treatment options are adrenalectomy alone, adrenalectomy after trans arterial embolization, embolization alone, or conservative treatment. Our case was hemodynamically stable with localized metastatic complaint; therefore, we judged that he'd be a good seeker for radical surgery despite bilateral Metachronous involvement of the adrenal glands. Treatment options for Metachronous AM from HCC include conservative and surgical approaches. Cases with generalized metastatic complaint, poor liver function, or poor overall performance status can be treated with trans arterial chemoembolization, alcohol injections, radiotherapy, or systemic chemotherapy.<sup>15</sup> On the other hand, cases with good liver function and general condition with metastatic complaint confined to the adrenal gland are respectable candidates for surgery with prospects of good survival [8-10].

## Conclusion

In conclusion, insulated Metachronous bilateral AM from HCC is a rare circumstance. It should be noted that, in the absence of other excrescence dispersion, indeed bilateral adrenalectomy is applicable and can lead to long-term complaint-free survival.

## Conflict of interest statement

None.

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