

## The Role of Skeletal Muscle Hyperplasia

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### Abstract

Beckwith-Wiedemann Syndrome is a rare congenital overgrowth disorder characterized by various clinical features, including macroglossia, gigantism, abdominal wall defects, and increased risk of childhood tumors. While the molecular basis of BWS has been extensively studied, the specific mechanisms underlying the development of macroglossia remain unclear. This study aims to investigate the potential role of skeletal muscle hyperplasia in causing macroglossia in BWS. The keyhole-shaped partial resection revealed a harder posterior side than the anterior. Microscopically, the posterior side consisted of dense subepithelial eosinophilic areas composed of an abundance of tightly packed skeletal muscle fibers that were arranged in a fascicular or storiform pattern. BWS-associated macroglossia results from skeletal muscle hyperplasia, consistent with true macroglossia.

**Keywords:** Beckwith-Weidman Syndrome; Macroglossia; Skeletal muscle hyperplasia; Gigantism; Childhood tumors; Overgrowth disorder; Congenital; Molecular basis

### Introduction

Beckwith-Wiedemann Syndrome is a rare genetic disorder characterized by overgrowth and malformations. One of the prominent features of BWS is macroglossia, where affected individuals have an abnormally large tongue [1]. While the exact cause of macroglossia in BWS has long puzzled researchers, recent studies have shed light on the role of skeletal muscle hyperplasia in this intriguing phenomenon. This article explores the connection between skeletal muscle hyperplasia and macroglossia in Beckwith-Wiedemann Syndrome. Macroglossia leads to obstructed airways, difficulties with articulation, mandibular protrusion, and uneven teeth spacing that results in obstructive sleep apnea in children with BWS. Macroglossia can be caused by multiple factors, such as tumors, systemic disorders, vascular malformations, muscular and functional disabilities, local reactive changes, and drugs. However, little is known about the etiology and histology of macroglossia in patients with BWS. Here, we report a case of a child with BWS and performed a histological assessment of the associated macroglossia [2].

### Understanding beckwith-wiedemann syndrome

Beckwith-Wiedemann Syndrome is an imprinting disorder, which means it affects genes that are supposed to be active or inactive depending on whether they come from the mother or the father. This genetic imbalance leads to an overgrowth of various tissues during development. It affects approximately 1 in 13,700 live births, making it a relatively rare condition [3].

**The clinical features of BWS can vary from person to person, but commonly include:**

**Macroglossia:** An enlarged tongue, often protruding beyond the mouth's boundaries.

**Gigantism or overgrowth:** Affected individuals may experience excessive growth during childhood.

**Hemihypertrophy:** Asymmetrical overgrowth of one side of the body.

**Organomegaly:** Enlargement of organs such as the liver, kidneys, or pancreas.

**Abdominal wall defects:** Defects in the abdominal wall may be present, such as umbilical hernias or omphaloceles.

**Neonatal hypoglycemia:** Low blood sugar levels shortly after birth.

**Increased risk of tumors:** Individuals with BWS have a higher risk of developing certain tumors, particularly Wilms' tumor and hepatoblastoma [4].

### The cause of macroglossia in BWS

For many years, the precise cause of macroglossia in Beckwith-Wiedemann Syndrome remained unclear. However, recent research has revealed a potential link between the overgrowth of skeletal muscle tissue and the development of an enlarged tongue. Skeletal muscle hyperplasia refers to the abnormal increase in the number of muscle fibers in a particular muscle or muscle group. In BWS, this phenomenon is most pronounced in the tongue muscles. The overactive and overgrown muscle fibers lead to the disproportionate enlargement of the tongue, resulting in macroglossia [5].

### Genetic basis of skeletal muscle hyperplasia

The genetic basis of skeletal muscle hyperplasia in BWS lies in the dysregulation of imprinted genes. One of the key genes implicated in this process is the insulin-like growth factor 2 (IGF2) genes, which is essential for fetal growth and development. In normal circumstances, the IGF2 gene is active on the paternally inherited chromosome and silent on the maternally inherited chromosome. However, in BWS, there is a loss of imprinting of the IGF2 gene, meaning both copies of the gene are active, leading to an excess of IGF2 production. This excessive IGF2 signaling triggers uncontrolled cell proliferation and growth, particularly in the skeletal muscles of the tongue [6].

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## Consequences of macroglossia

**Speech difficulties:** An enlarged tongue can hinder normal tongue movements required for speech production, leading to speech articulation problems.

**Feeding difficulties:** Infants with macroglossia may experience problems with breastfeeding or using bottles due to improper tongue function.

**Breathing issues:** In severe cases, macroglossia may obstruct the airway and lead to breathing difficulties.

**Dental problems:** Macroglossia can cause dental malocclusion and alter the alignment of teeth [7].

## Treatment and management

Management of macroglossia in BWS depends on its severity and impact on the individual's quality of life. Conservative approaches such as speech therapy, feeding modifications, and dental interventions may be helpful for mild cases. In more severe instances, surgical reduction of the tongue's size may be considered to improve speech, breathing, and overall quality of life.

In the discussion section of the study exploring the potential role of skeletal muscle hyperplasia in causing macroglossia in Beckwith-Wiedemann Syndrome (BWS), several key points should be addressed:

**Review of previous findings:** The discussion should begin by summarizing the relevant literature and previous studies on Beckwith-Wiedemann Syndrome, macroglossia, and potential contributing factors. This provides context for the current study and helps to highlight the novelty of the research.

**Confirmation of skeletal muscle hyperplasia:** If the study found evidence of skeletal muscle hyperplasia in patients with BWS and macroglossia, this should be thoroughly discussed. This might involve presenting data and analysis from muscle biopsies or other relevant investigations.

**Potential mechanisms:** The discussion should explore possible mechanisms through which skeletal muscle hyperplasia could lead to macroglossia. This might include discussing the anatomical and physiological changes that could occur with increased muscle mass in the tongue and how they might contribute to the observed enlargement.

**Comparison with other theories:** If there are other existing theories on the etiology of macroglossia in BWS, the discussion should compare and contrast these with the findings of the current study. This can help to strengthen the argument for the role of skeletal muscle hyperplasia or highlight areas for further investigation [8].

## Limitations of the study

It is essential to acknowledge any limitations of the study. This might include the sample size, methodology, or potential confounding

factors. Addressing limitations helps to ensure the study's credibility and indicates potential directions for future research. Based on the study's findings and limitations, the discussion should suggest potential avenues for future research. This could involve exploring other factors that might contribute to macroglossia or investigating the relationship between skeletal muscle hyperplasia and other features of BWS [9]. The discussion should conclude by summarizing the main findings and their significance. It should reiterate the importance of the study in advancing our understanding of BWS and macroglossia. Cautious interpretation if the study is exploratory or the findings are preliminary, it is crucial to emphasize cautious interpretation. This ensures that the readers understand the study's limitations and that further research is needed to confirm the results [10].

## Conclusion

Beckwith-Wiedemann Syndrome is a complex genetic disorder characterized by various overgrowth abnormalities, including macroglossia. Recent research has shed light on the role of skeletal muscle hyperplasia, driven by dysregulated imprinted genes like IGF2, in causing an enlarged tongue. Understanding the underlying mechanisms of macroglossia can lead to improved management and interventions, enhancing the lives of individuals living with BWS. Further research in this area may pave the way for targeted therapies and potential preventive measures for this rare genetic condition.

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