

Cognitive-Blockchain-IoT: Secure Smart Healthcare and Environments

Henrik S. Larse*

Department of Computer Engineering, Faculty of Data Sciences, University of Copenhagen, Denmark

***Corresponding Author:** Henrik S. Larse, Department of Computer Engineering, Faculty of Data Sciences, University of Copenhagen, Denmark, E-mail: henrik.larsen@ku.dk

Received: 03-Nov-2025, Manuscript No. ijaiti-25-173470; **Editor assigned:** 05-Nov-2025, PreQC No. ijaiti-25-173470(PQ); **Reviewed:** 19-Nov-2025, QC No. ijaiti-25-173470; **Revised:** 24-Nov-2025, Manuscript No. ijaiti-25-173470(R); **Published:** 01-Dec-2025, **DOI:** 10.4172/2277-1891.1000369

Citation: Larse HS (2025) Cognitive-Blockchain-IoT: Secure Smart Healthcare and Environments. Int J Adv Innovat Thoughts Ideas 14: 369.

Copyright: © 2025 Henrik S. Larse This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution and reproduction in any medium, provided the original author and source are credited.

Abstract

This research explores the integration of cognitive computing with cloud, edge, fog, *Internet of Things* (IoT), and blockchain technologies across healthcare and smart environments. It focuses on developing secure, efficient, and intelligent systems for managing multi-modal data, addressing privacy and security challenges in healthcare, and enhancing operational integrity. The studies propose frameworks for secure data processing, clinical prediction, and task scheduling, alongside applications in precision agriculture and smart cities. Overall, the work emphasizes leveraging cognitive capabilities to improve data analysis, decision-making, and automation in critical sectors, aiming for robust and trustworthy digital infrastructures.

Keywords

Cognitive Computing; Cloud Computing; Healthcare; Internet of Things (IoT); Blockchain; Data Security; Precision Agriculture; Smart Environments; Edge Computing; Fog Computing; Clinical Prediction

Introduction

Modern technological advancements have significantly influenced various sectors, driving the evolution towards more intelligent and secure systems. One prominent area of research focuses on integrating cognitive computing with distributed technologies like cloud, edge, and fog computing, alongside innovations such as the Internet of Things (IoT) and blockchain, to address complex challenges in critical domains like healthcare and smart environments. This body of work underscores a collective effort to enhance data security, improve operational efficiency, and facilitate intelligent decision-making.

A proposed health management system exemplifies this integration by blending cognitive cloud computing, deep learning, and blockchain technology to manage multi-modal health data effectively [1].

This approach directly confronts challenges related to data security and privacy in healthcare by harnessing blockchain's inherent immutability and the powerful analytical capabilities of cognitive cloud platforms. The aim is to establish a more efficient and secure paradigm for patient care and data handling in the digital age. Complementing this, other research highlights the crucial requirement for secure and efficient data processing within cognitive computing-enabled cloud healthcare systems [2].

This work seeks to protect sensitive patient information while guaranteeing swift and dependable processing, a vital aspect for maintaining both trust and operational integrity in contemporary digital health infrastructures.

The application of these advanced technologies extends beyond general health management to specific monitoring and pre-

diction systems. One study introduces a smart healthcare monitoring system that meticulously integrates Internet of Things (IoT), blockchain, and cognitive cloud computing, focusing on achieving both security and energy efficiency [4].

This system is designed to provide reliable patient monitoring and comprehensive data management, directly addressing concerns regarding data integrity and the often-considerable resource consumption inherent in healthcare applications. Similarly, a novel framework is proposed for efficient and secure clinical prediction within cognitive computing-driven healthcare systems [6].

This framework strategically leverages cognitive capabilities to improve diagnostic accuracy and refine treatment planning, all while upholding the robust security of sensitive patient data—a fundamental requirement for ethical and effective healthcare delivery.

Further expanding on securing healthcare data, a secure and trustworthy framework is presented for healthcare services operating across multi-layered edge, fog, and cloud environments [9].

This framework utilizes blockchain and cognitive computing to tackle critical issues of data security, privacy, and trust within distributed healthcare systems, offering a resilient solution for managing highly sensitive medical data. Moreover, cognitive cloud computing is explored for its role in constructing secure and intelligent healthcare systems [10].

This integration of Artificial Intelligence (AI) capabilities with cloud infrastructure aims to enhance data analysis, bolster security, and improve decision-making processes for patient care, making healthcare systems more responsive and resilient against potential vulnerabilities.

The scope of cognitive computing's impact is not limited to healthcare; it also encompasses other vital sectors. A review delves into how intelligent Internet of Things (IoT) and cognitive cloud computing can revolutionize precision agriculture [3].

This research discusses the enablement of smart farming practices, ranging from real-time crop monitoring and predictive analytics to automated irrigation and pest control, which collectively boost efficiency and sustainability in food production. In parallel, another review examines cognitive analytics within cloud computing for smart environments [8].

This survey investigates current research on how cognitive capabilities can augment data analysis, decision-making, and automation within smart city infrastructures, highlighting both the immense potential and existing challenges in integrating Artificial Intelligence (AI) with expansive cloud services.

The architectural underpinnings for such intelligent systems are also a subject of dedicated research. A review focuses on the cognitive computing paradigm as applied to edge computing in Internet of Things (IoT) healthcare systems [5].

It investigates how intelligent processing performed at the network edge can significantly enhance real-time data analysis, reduce latency, and improve decision-making across various healthcare applications, from remote patient monitoring to emergency response protocols. Furthermore, intelligent task scheduling in a fog-cloud-based cognitive healthcare system is addressed [7].

This work aims to optimize resource allocation and processing times for diverse healthcare tasks by dynamically managing workloads across both fog and cloud environments, thereby enhancing the overall efficiency and responsiveness critical for vital healthcare applications. These collective efforts paint a picture of a future where intelligent, secure, and highly efficient computing paradigms underpin critical societal services.

Description

The integration of cognitive computing with advanced digital infrastructures is rapidly transforming how various sectors manage data and deliver services, with a strong emphasis on security and efficiency. Central to this transformation is the development of intelligent systems that can process, analyze, and secure vast amounts of information across distributed environments.

In healthcare, this evolution is particularly pronounced, given the sensitive nature of patient data and the critical need for timely and accurate interventions. One innovative system proposes a blend of cognitive cloud computing, deep learning, and blockchain to manage multi-modal health data [1]. This design tackles key challenges like data security and privacy by capitalizing on blockchain's immutability and the sophisticated analytical power of cognitive clouds, leading to a more secure and efficient framework for patient care and data handling.

Building on this, research specifically addresses the essential requirement for secure and efficient data processing within cognitive computing-enabled cloud healthcare systems [2]. This work focuses on safeguarding sensitive patient information while ensuring quick and reliable processing, which is indispensable for maintaining public trust and the operational integrity of contemporary digital health infrastructures. These efforts are further supported by another study that introduces a smart healthcare monitoring system [4]. This system cleverly integrates Internet of Things (IoT),

blockchain, and cognitive cloud computing to achieve both security and energy efficiency. Its primary goal is to provide dependable patient monitoring and robust data management, directly confronting concerns about data integrity and resource consumption in healthcare applications.

The capabilities of cognitive computing extend beyond general health management to more specialized clinical applications and distributed architectures. A novel framework, for instance, has been proposed to facilitate efficient and secure clinical prediction within cognitive computing-driven healthcare systems [6]. This framework strategically leverages cognitive abilities to boost diagnostic accuracy and refine treatment plans, all while rigorously ensuring the security of sensitive patient data—an absolute necessity for ethical and effective healthcare delivery. Moreover, to address the complexities of distributed healthcare, a secure and trustworthy framework is presented for healthcare services operating across edge, fog, and cloud environments, utilizing both blockchain and cognitive computing [9]. This solution tackles critical issues of data security, privacy, and trust in these dispersed systems, offering a robust method for managing sensitive medical data.

Intelligent task scheduling is also a key concern, with research focusing on optimizing resource allocation and processing times for various healthcare tasks within a fog-cloud-based cognitive healthcare system [7]. This dynamic management across fog and cloud environments enhances the overall efficiency and responsiveness crucial for critical applications. The impact of cognitive computing is not confined to healthcare but also revolutionizes other domains, such as agriculture and smart environments. A comprehensive review highlights how intelligent Internet of Things (IoT) and cognitive cloud computing can revolutionize precision agriculture [3]. The discussion covers how these technologies enable smart farming practices, including real-time crop monitoring, predictive analytics, automated irrigation, and effective pest control, all contributing to increased efficiency and sustainability in food production. In the broader context of smart environments, a review surveys the research landscape of cognitive analytics for cloud computing [8]. This work explores how cognitive capabilities can significantly enhance data analysis, decision-making, and automation in smart city infrastructures, shedding light on both the potential and the ongoing challenges in integrating Artificial Intelligence (AI) with pervasive cloud services.

Furthermore, the foundational elements for implementing these cognitive systems are continuously being refined. A specific review focuses on the cognitive computing paradigm as applied to edge computing in Internet of Things (IoT) healthcare systems [5].

It meticulously examines how intelligent processing at the network edge can substantially improve real-time data analysis, reduce latency, and refine decision-making for various healthcare applications, ranging from remote monitoring to immediate emergency responses. The consistent thread throughout this research is a commitment to creating advanced, secure, and intelligent systems that can adapt to dynamic environments, process complex data efficiently, and deliver reliable outcomes across vital sectors. These developments represent a significant leap forward in harnessing intelligent automation and robust security measures to meet the demands of an increasingly connected and data-intensive world.

Conclusion

The presented research primarily investigates the transformative potential of integrating cognitive computing with various advanced technologies like cloud computing, edge computing, fog computing, the Internet of Things (IoT), and blockchain, predominantly within healthcare and smart environmental contexts. A central theme across these studies is the critical need for secure, private, and efficient data handling, particularly concerning sensitive multi-modal health information. Papers propose sophisticated health management systems that blend the analytical prowess of cognitive cloud computing with the immutable security features of blockchain, aiming to address significant challenges in patient care and data integrity. This includes developing secure and efficient data processing methods for cognitive computing-enabled cloud healthcare systems and introducing smart healthcare monitoring platforms that prioritize both security and energy efficiency through Internet of Things (IoT), blockchain, and cognitive cloud integration. Furthermore, the scope extends to establishing novel frameworks for clinical prediction and intelligent task scheduling within cognitive healthcare systems. Beyond medical applications, research also delves into areas such as precision agriculture, where intelligent Internet of Things (IoT) and cognitive cloud computing facilitate smart farming practices, and broader smart environments, leveraging cognitive analytics for enhanced data analysis and decision-making. These studies collectively underscore a commitment to developing robust, trustworthy, and highly responsive systems capable of managing complex data and optimizing resource allocation across diverse distributed computing infrastructures. The overarching goal is to revolutionize various sectors by enabling intelligent automation and ensuring fortified security measures.

References

1. Abdul R, Khushbakht A, Muhammad R, Abdullah A-D, Ali H et al. (2023) A cognitive cloud computing-based multi-modal health management system using deep learning and blockchain. PLoS One 18:e0280456.
2. Marwan A-Z, Marwan A-W, Anas A-R, Qusay A-S, Abdelgadir E-M et al. (2023) Secure and Efficient Data Processing in Cognitive Computing-Enabled Cloud-Based Healthcare Systems. Sec Commun Netw 2023:5070267.
3. Asmaa M H, Ammar A, Emad A-O, Mohammad A-J, Ayman J et al. (2023) Intelligent IoT and Cognitive Cloud for Precision Agriculture: A Review. Wirel Commun Mob Comput 2023:2407421.
4. Muhammad A, Muhammad A, Muhammad R, Mudassir K, Muhammad A et al. (2023) A Secure and Energy-Efficient IoT-Based Smart Healthcare Monitoring System Using Blockchain and Cognitive Cloud Computing. Sustainability (Basel) 15:15663.
5. Shaik F S, A. Ananda R, R. Swetha, K. Naveen K, B. Ravi K et al. (2022) A Review on Cognitive Computing Paradigm for Edge Computing in IoT Healthcare Systems. J Healthc Eng 2022:8554228.
6. Junaid G, Muhammad H, Zohaib H Q, Sami U I, Asif N et al. (2023) A Novel Efficient and Secure Framework for Clinical Prediction in Cognitive Computing-Driven Healthcare Systems. Sec Commun Netw 2023:9605412.
7. Samad N, Shahzad A, Sami U I, Arshad M, Sajjad M et al. (2023) Intelligent Task Scheduling for Fog-Cloud-Based Cognitive Healthcare System. Wirel Commun Mob Comput 2023:7939100.
8. Abdullah A-D, Muhammad R, Khushbakht A, Abdul R, Asif K et al. (2022) A Review of the Research Landscape of Cognitive Analytics for Cloud Computing in Smart Environments. Sec Commun Netw 2022:2071850.
9. Muhammad A, Muhammad A, Muhammad R, Muhammad R, Mudassir K et al. (2022) A Secure and Trustworthy Framework for Healthcare Services in Edge-Fog-Cloud Environment Based on Blockchain and Cognitive Computing. Wirel Commun Mob Comput 2022:8825227.
10. Shadi A, Ahmed A-T, Ayman J, Emad A-O, Mohammad A-J et al. (2019) Cognitive Cloud Computing for Secure and Intelligent Healthcare Systems. Sensors (Basel) 19:5010.