

Heavy Metals in Food Industry by Bioremediation

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Mini Review

In the form of pesticides and fertilizers, heavy metals, which are naturally occurring components in the Earth's crust, can enter human diet during industrial or agricultural processing. These substances are incapable of decomposing. Heavy metal levels in water and food should constantly be kept under control because some of them are poisonous and known contaminants, and their bioaccumulation in plant and animal tissues can have adverse effects on people [1]. The purpose of this study is to look into the circumstances surrounding heavy metal bioremediation in food. The amount of heavy metals in the environment has been decreased by the employment of various physical, chemical, and biological techniques. Researchers have become interested in bioremediation techniques involving plants and microorganisms during the past few decades because of its benefits, such as becoming more specific and ecologically sound. Lead, cadmium, arsenic, and mercury are the primary pollutants found in foods and beverages and each has its own allowable limits [2]. *Saccharomyces cerevisiae* is a particularly fascinating choice among the microorganisms that can bioremediate heavy metals because of its unique traits, human safety, and usefulness in the food business [3]. The additional benefits are its large production as a by-product of the fermentation sector and the affordability of culture media. Numerous studies have also looked into this yeast's capacity to eliminate a single ingredient that has been separated [4]. The employment of *S. cerevisiae* is a local answer for solving the challenge of solution in nations with excessive heavy metal pollution in wheat. The world's industrialization is currently accelerating, which may have an impact on the quality of the water, food, feed, and weather. Numerous businesses, including those in the chemical, food, textile, and metallurgy, discharge large volumes of waste into the environment, including dangerous materials [5]. Heavy metal pollution poses a significant hazard to food safety since it is released in enormous quantities into the atmosphere by transportation vehicles, pesticides, and chemical fertilisers used in agriculture. Additionally, numerous studies have demonstrated that heavy metals accumulate in water, grains, and vegetables [6]. Heavy metal build up in human organs and tissues has contributed to several illnesses, including kidney, cardiovascular, and nervous system ailments. The issue of heavy metal pollution in the environment has been addressed using a variety of methods up to this point [7]. Among all the techniques, using living things to remove heavy metals from the environment and absorb contaminants is particularly intriguing. For the bioremediation of heavy metals, plants, fungi, and microorganisms are typically utilised [8]. These include yeasts, bacteria, algae, and cyanobacteria. The most appropriate ones are microorganisms because they are simpler to handle. The fundamental benefit of employing microbes to eliminate harmful substances is that they are harmless for humans. One of these microorganisms is the commonly utilised in the food industry bread yeast *Saccharomyces cerevisiae*. Despite its subpar capacity, *S. cerevisiae* is a unique biomaterial in metal bio sorption, according to comparisons of the outcomes of using various biomaterials. Utilizing *S. cerevisiae* for the bio sorption of heavy metals has a number of benefits [9]. *S. cerevisiae*, a by-product of the fermentation industry, is widely used in the production of beverages and foods. The ability of *S. cerevisiae* to remove hazardous metals, recover precious metals, and

clean up radioactive elements from aqueous solutions has been demonstrated in numerous investigations [10]. According to certain research, *S. cerevisiae* can remove lead, cadmium, nickel, arsenic, chromium, platinum, and uranium. The use of this yeast to remove heavy metals from food is a beneficial and promising cost-effective biotechnology. This bacterium is remarkably capable of differentiating metal species on the basis of their toxicity, such as Se as well as the organic and inorganic Hg. In general, *S. cerevisiae* is regarded as safe for human consumption [11]. Heavy metals could get in and Hg has negative effects on human health at various points in the food chain. Most foods have a very low acceptable limit for these pollutants, typically less than the majority of research focuses on *S. cerevisiae* ability to absorb large levels of heavy metals, which isn't particularly significant for food safety Therefore [12] more research is still needed to determine whether this biotechnology can effectively remove food containing lower levels of heavy metals. However, the majority of research has focused on removing a single element from synthetic media, whereas different elements are present in meals and beverages in their natural state and may have synergistic or inhibitory effects on one another. The mechanism of metal bio sorption happens by One of the most crucial factors in the bioremediation of heavy metals appears to be temperature. Investigation of the impact of various temperatures (on the growth rate of *S. cerevisiae* revealed that the growth increased with an increase in temperature and reached to the maximum level at Pb and Ni uptake was reported to occur at High temperatures have been reported to facilitate Hg removal by a genetically engineered bacterium, *Deinococcus geothermalis*. The second most significant aspect in biosorption procedures is thought to be pH. It affects both the activity of the biomass functional groups and the competition of metallic ions. The outcomes demonstrated that pH N5 is the optimal range for this yeast to bioremediate heavy metals. The quantity of ionised groups in the yeast cell wall is influenced by the pH of the fluid. The adsorption of metals is reduced at low pH due to an increase in protonation in yeast cell wall ligands. Because of the reaction between the amino acids in the yeast cell wall and the as ions, the highest biosorption of As occurs at pH. *Cerevisiae* has been injected into media containing various metal ions in various investigations. The inoculation rate and element uptake are often inversely correlated, and heavy metal absorption rises as the inoculation rate of Massoud yeast falls because the metal ions enter for the yeasts, glucose is a viable energy source that also improves their potential for bioremediation. Adding glucose to *S. cerevisiae* cells increased the removal of heavy metals from the

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Received: 01-Jul-2022, Manuscript No. Jbrbd- 22-71627; Editor assigned: 04-Jul-2022, PreQC No. Jbrbd-22-71627(PQ); Reviewed: 18-Jul-2022, QC No. Jbrbd-22-71627; Revised: 22-Jul-2022, Manuscript No. Jbrbd-22-71627 (R); Published: 29-Jul-2022, DOI: 10.4172/2155-6199.1000520

Citation: Khosravi-Darani K (2022) Heavy Metals in Food Industry by Bioremediation. J Bioremediat Biodegrad, 13: 520.

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electroplating effluents. Saccharides including glucose, sucrose, and fructose are found in the yeast derived from the fermentation industry and are thought to be affordable and efficient sources for eliminating pollutants. Yeast cells treated with glucose benefit from a sufficient energy source that enables them to absorb significantly more metals from the solution. When yeast cells were exposed to certain organic solvents, metal absorption increased. The yeast cells were treated with tetrahydrofuran, acetone, acetonitrile, dimethyl sulfoxide, and ethanol as organic solvents. It is believed that the organic solvents will rupture the yeast membrane and expose. Organic solvents promote metal uptake by decreasing the positive charge at the cationic site of yeast cell walls and affecting the permeability of the cell walls. Anions and cations have an impact on metal buildup, according to some research findings. In actuality, other ions in the solution actually reduce the biosorption of metal ions. *S. cerevisiae* has been found to selectively and aggressively biosorb metal ions. Some metal ions have a stronger affinity for *S. cerevisiae* than other metal ions. The following list of results compares the biosorption of hazardous metals by *S. cerevisiae* in terms of its competitive ability to biosorb various metals. Industrial fluids contain light metal ions such in recent years, heavy metal contamination has emerged as one of the most important environmental issues. Through the use of biosorbents, investigations over the past ten years have improved our understanding of metal biosorption. The results of this investigation demonstrated *S. cerevisiae*'s capacity to remove heavy metals from meals. It works well and is reasonably priced as a biosorbent, and it has good sorption properties for a number of heavy metals. *S. cerevisiae* does not truly grow slower when nutrients are reduced in the media.

S. cerevisiae has been investigated in the past for its capacity to remove As, Hg, and the other four hazardous metals found in the food business. The area of research that has to be addressed is the acceptable concentrations of these elements and how to use them to bioremediate heavy metals in food. In particular, it may be concluded and advised that using *S. cerevisiae* as sourdough or other forms in food matrix (such as bread) can be a simple local option for resolving the issue of their buildup in the human body in areas with high heavy metal contamination in wheat. *S. cerevisiae* has been tested for the bioremediation of As from water. The synthetic As solution was made with a concentration of 1.5 mg/l, and the yeast was cultured in YEPD medium. At 55°C, the greatest amount of was removed from pH 6. *S. cerevisiae* is extremely effective in removing As from contaminated water. Another study examined *S. cerevisiae*'s capacity for As biosorption. The greatest capacity for biosorption Cells had a

thinner outer mantle layer than did. The ATCC strain has a higher Cd absorption capability due to a larger specific surface layer and a thicker mannan layer. The Cd biosorption was boosted by raising the pH from the optimal temperature of 30 °C. In a different investigation, the ability of eight distinct yeast species to absorb Cd was examined. The findings demonstrated that *S. cerevisiae* had the highest concentration of Cd ions in the cell walls and intracellular compartments and was the most susceptible strain for metal uptake. *S. cerevisiae* is suitable yeast for absorbing metals as a result. In recent years, heavy metal contamination has emerged as one of the most important environmental issues. The last ten years *S. cerevisiae* has been used in prior studies to remove the four hazardous elements in the food industry Pb, Cd, As, and Hg. The permitted quantities of these elements and their consideration in the bioremediation of heavy metals in foods represent a research gap.

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