Primary Cutaneous Diffuse Large B-Cell Lymphoma of the Leg: Apropos of a Fatal Case

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Abstract

Primary cutaneous lymphomas are a heterogeneous group of lymphoproliferative disorders with skin involvement and no evidence of systemic disease at the time of diagnosis. Since the 1980s, primary cutaneous B-cell lymphomas have been considered a specific group of lymphomas. Large B-cell lymphoma of the leg accounts for 2% of primary cutaneous lymphomas, but its classification has been under debate over the past few years. It was recognized as an independent entity in the 2004 WHO-EORTC classification of cutaneous lymphomas. It is clinically characterized by erythematous nodules or tumors, frequently unilateral, on the distal third of the lower limbs in patients of advanced age. The clinical behavior is generally indolent, and cases of extracutaneous spread are infrequent but have an intermediate prognosis. We report the case of a 85-yr-old man who presented with a six-week history of asymptomatic indurated erythematous plaque on the left leg that had rapidly and progressively increased in size. Histological analysis revealed a CD20- and bcl-2-positive large cell lymphoid infiltrate throughout the dermis. The extension study was normal. Chemotherapy was started with the R-CHOP regimen, and the patient evidenced a good clinical response but died after two months.

Keywords: B-cell lymphoma; Primary cutaneous lymphoma; B-cell cutaneous lymphoma; Treatment

Introduction

Primary cutaneous B-cell lymphomas (PCBCLs) are recognized as an independent category within non-Hodgkin lymphomas and are distinguished from T-cell lymphomas and secondary cutaneous B-cell lymphomas. They form a heterogeneous subgroup of non-Hodgkin’s skin lymphomas with no evidence of systemic disease at the time of diagnosis [1]. They account for 20-25% of all cutaneous lymphomas and generally show an indolent clinical behavior. Cutaneous recurrence is not uncommon, but there have been few reports of extracutaneous spread of the disease [2,3].

There was considerable debate about the definition of PCBLS for some time, with differences between classifications published by the World Health Organization (WHO) and European Organization for Research and Treatment of Cancer (EORTC). However, a joint WHO-EORTC classification of cutaneous lymphomas was published in 2004 [1,4], defining the main types of PCBCL as: primary cutaneous marginal zone B-cell lymphoma (PCMZL), primary cutaneous follicle center lymphoma (PCFCL) and primary cutaneous diffuse large B-cell lymphoma, leg type (PCDLBCL-LT), and other primary cutaneous diffuse large B-cell lymphomas (PCDLBCLs). PCMZL and PCFCL are non-aggressive, with a 5-year survival rate >95% and extracutaneous spread is rare, although recurrence is common. PCDLBCL-LT is less frequent but more aggressive and has an intermediate prognosis, with a 5-year survival rate <60%.

Large B-cell lymphoma of the leg represents 2% of primary cutaneous lymphomas and preferentially appears in patients of advanced age, with a slight predominance in women. It is usually characterized by asymptomatic erythematous nodules or tumors on the distal third of lower limbs, frequently unilateral and with a tendency to necrosis; the prognosis is intermediate [5]. The choice of treatment is surgery or radiotherapy in patients with isolated lesions, and chemotherapy in those with multiple or recurrent lesions, mainly with the CHOP regimen (cyclophosphamide, doxorubicin, vincristine and prednisone).

Rituximab has recently been used as a therapeutic alternative, alone or combined with this regimen, in patients with recurrent lesions or multiple diseases. We report the case of a patient with an aggressive LBCLL who was treated with Rituximab-CHOP chemotherapy and showed a good initial response but died after two months.

Case Report

An 85-yr-old male with a history of laryngeal cancer, chronic bronchitis, and hypertension was referred to our department at six weeks after the onset of an asymptomatic lesion on the left leg that had rapidly increased in size. Physical examination revealed an erythematous-violaceous plaque of around 8 cm on the posterolateral side of the left leg that was well-defined and indurated on palpation; similar but smaller nodules were observed in close proximity. All lesions were located on a more diffuse erythematous area (Figure 1). No other cutaneous manifestations were detected and there was no palpable locoregional lymphadenopathy or visceralomegaly.

The histopathological study of a cutaneous biopsy specimen of the lesion showed lymphoid-type neoformation with a diffuse growth pattern that involved the dermis and hypodermis but not the epidermis (Figure 2A), observing cells with large nuclei and marginal nucleoli (immunoblasts and centroblasts). Immunohistochemical study of the...
tumor cells evidenced positivity for CD20, CD79a, Bcl-2, Bcl-6, and MUM-1 and negativity for CD10, CD5, CD138 and CD30; more than 70% showed Ki-67 activity (Figure 2B-2F). These findings confirmed the diagnosis of PCDLBCL-LT.

Systemic involvement was ruled out by the results of the extension study, which included a full blood count, analyses of globular sedimentation rate, biochemistry, β₂-microglobulin, and lactate dehydrogenase, positron emission tomography-computed tomography imaging, and bone marrow puncture-aspiration.

During the time period in which the above tests were carried out, the lesion continued to grow rapidly, acquiring tumor morphology and reaching a size of 15 cm (Figure 3). Chemotherapy was started with the R-CHOP regimen (375 mg/m² rituximab plus 750 mg/m² cyclophosphamide, 50 mg/m² adriamycin, 1.4 mg/m² vincristine and 100 mg prednisone) in 21-day cycles. The patient showed a good initial clinical response to this treatment. However, the patient developed toxic pancytopenia after the third cycle and was admitted to hospital, where his general status worsened and he died from multiple organ dysfunction.

Comment

Cutaneous B-cell lymphomas account for 20-25% of primary cutaneous lymphomas and are usually centrofollicular and marginal zone lymphomas-immunocytomas. Large B-cell lymphoma of the leg is much less frequent and shows a distinct clinical presentation and/or behavior [6]. The definitions of PCBCL types in the 2004 WHO-EORTC classification allow more reliable diagnoses to be made and facilitate clinical decision-making, and they have generally been substantiated by evidence emerging from Immunologic and molecular genetic studies [7].

PCDLBCL-LT is an aggressive subtype of PCBCL that appears on the distal third of the lower limb or, in 10-15% of patients, at other anatomic sites. It preferentially affects females (female: male ratio of 2:1) and the elderly (mean age of 76 yrs) [8]. The most frequent presentation is as a red-purplish nodule or tumor in one or both legs, as in the present case. Atypical forms include verrucous plaques, multiple
garland-like nodules, or even lesions that resemble a chronic venous ulcer [9]. Extracutaneous spread of the disease is possible and has a more unfavorable prognosis than other PCBCLs, with a 5-yr survival rate of 60% [8]. Localization in lower limbs and the presence of multiple cutaneous lesions have been associated with a poor prognosis [10]. The present patient had multiple lesions in the lower limb, but no systemic involvement was detected.

The evaluation and staging of PCBCL patients requires a complete clinical history, a physical examination, and an incisional or excisional skin biopsy that includethes reticular dermis and subcutaneous cell tissue, because it may not be possible to differentiate PCBCL from an inflammatory process based on a superficial skin biopsy. It is recommended to complete the histopathological study with an immunophenotypic analysis of the sample and to carry out a hematological examination, including a full blood count, comprehensive profile, lactate dehydrogenase, antinuclear antibody, rapid plasma reagin, and viral hepatitis serologies. The usual test for extracutaneous spread is CT imaging, especially in patients with palpable lymphadenopathy. Positron emission tomography (PET) can contribute functional/metabolic information for the staging and for following the response to treatment, while an integrated PET-CT scan provides simultaneous anatomic and functional/metabolic information on tumor spread and involvement. A biopsy should be performed on any lymph node >1.5 cm in length on imaging study or with elevated PET activity. Consideration should also be given to a bone marrow biopsy, serum protein and immunoglobulin electrophoresis, and peripheral blood flow cytometry [11].

The histological study shows a diffuse dermal infiltrate formed by large centroblast/immunoblast-like cells in PCDBCLs, which sometimes appear in mononuclear or confluent sheets. Mitotic figures anda high proliferative index are frequently observed. The cells have a round nucleus more than twice the size of a normal lymphocyte nucleus and open chromatin with prominent nucleoli [11]. The characteristic immunophenotype of PCDLBCL-LT is CD20+, CD79a+, CD10+, Bcl-2+, and Bcl-6+/. Unlike in PCFCL, there is a strong expression of Bcl-2, MUM1/IRF4, and FOX-P1 PCDLBCL-LT. Some authors have proposed that any PCDBCL with Bcl-2 and MUM1 expression should be consideredleg type, regardless of the localization [11]. The expression of bcl-2 oncogene reduces the disease-free survival, and the prognosis is worse for lymphomas that express than those that do not [12-14]. Some authors have even described the expression of bcl-2 protein as the most important independent survival prognosis factor in cutaneous large B-cell lymphomas [15]. In the present patient, the immunohistochemical study showed positivity for CD20, CD79a, bcl-2, bcl-6, and MUM-1 and negativity for CD10, CD5, CD138, and CD30, confirming the diagnosis of PCDLBCL-LT.

Therapeutic options for PCDLBCL-LT are limited, due to its low frequency and the consequent lack of novel therapies and prospective randomized clinical trials. The European Organization for Research and Treatment of Cancer Cutaneous Lymphoma Group (EORTCCLG) and the International Society for Cutaneous Lymphoma (ISCL) have developed standard protocols for the treatment of the three main types of PCBCL, based on the literature and good clinical practice [16]. Radiation therapy (RT) and R-CHOP are the first-line treatment for solitary, localized, or generalized disease [11,17]. The R-CHOP chemotherapeutic regimen was indicated in the present patient due to his clinical characteristics. The initial response to treatment was positive, decreasing tumor size, but he died after two months from severe pancytopenia and subsequent multi-organ dysfunction. The initially favorable therapeutic response of the tumor and the absence of radiographic evidence of extracutaneous spread suggest that the death was caused by a complication secondary to the chemotherapeutic treatment rather than by the disease itself.

References