

# Regulation of Apoptosis by HER2 in Breast Cancer

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## Abstract

HER2 is a trans-membrane receptor tyrosine kinase that activates multiple growth-promoting signaling pathways including PI3K-AKT and Ras-MAPK. Dysregulation of HER2 is a frequent occurrence in breast cancer that is associated with poor patient outcomes. A primary function of HER2 is suppressing apoptosis to enhance cell survival giving rise to uncontrolled proliferation and tumor growth. There has been much investigation into the mechanisms by which apoptosis is suppressed by HER2 in hopes of finding clinical targets for HER2-positive breast cancers as these cancers often become resistant to therapies that directly target HER2. Several apoptotic mechanisms have been shown to be deregulated in HER2-overexpressing cells with examples in both the intrinsic and extrinsic apoptotic pathways. HER2-mediated activation of PI3K-AKT signaling is required for many of the mechanisms HER2 uses to suppress apoptosis. HER2 overexpression is correlated with increases in anti-apoptotic Bcl-2 proteins including Bcl-2, Bcl-xL, and Mcl-1. HER2 also suppresses p53-mediated apoptosis by upregulation of MDM2 by activation of AKT. In addition, survivin expression is often increased with HER2 overexpression leading to inhibition of caspase activation. There is also recent evidence to suggest HER2 can directly influence apoptosis by translocation to the mitochondria to inhibit cytochrome *c* release. HER2 can also suppress cellular reaction to death ligands, especially TRAIL-induced apoptosis. Elucidation of the mechanisms of apoptotic suppression by HER2 suggest that clinical treatment will likely need to target multiple components of these pathways as there is redundancy in HER2-mediated cell survival. Several therapies have attempted to target Bcl-2 proteins that have promising pre-clinical results. Next-generation HER2 targeting therapies include irreversible pan-ERBB inhibitors and antibody-drug conjugates, such as T-DM1 that has very promising clinical results thus far. Further investigation should include elucidating mechanisms of resistance to HER2-targeted therapies and targeting of multiple components of HER2-mediated cell survival.

**Keywords:** HER2; ERBB; Bcl-2; Apoptosis; AKT; p53; Survivin

## Introduction

HER2 (or ERBB2/Neu) is a transmembrane tyrosine kinase belonging to the ERBB family of receptors (ERBB1-4). ERBB receptors hetero and homo-dimerize resulting in activation of tyrosine kinase activity. ERBB tyrosine receptor kinases activate several pathways, including PI3K-AKT and RAS-MAPK pathways, which regulate many cell functions including proliferation, migration, survival, and cell growth among others. Hyperactivation or overexpression of these receptors can lead to uncontrolled cell growth and proliferation leading to cancer development. HER2, specifically, is overexpressed in 20-30% of breast cancers and this overexpression is associated with poor patient outcomes [1-3]. One of the hallmarks of cancer is the resistance to apoptosis [4,5] and HER2 overexpression leads to suppression of apoptosis. This review will focus on the known mechanisms by which HER2 suppresses apoptosis in breast cancer cells.

## Mechanisms of Apoptosis

Apoptosis, or programmed cell death, occurs in human cells via two primary pathways termed the intrinsic and extrinsic pathways. The intrinsic pathway is mediated by the mitochondria whereby the outer mitochondrial membrane loses its integrity in a process termed outer Mitochondrial Membrane Permeabilization (MOMP), which allows the release of pro-apoptotic proteins. Cytochrome *c*, one of the released pro-apoptotic proteins, then interacts with apoptotic protease-activating factor 1 (APAF1). APAF1 oligomerizes forming the apoptosome, which recruits and activates caspase 9, an initiator caspase. MOMP also causes release of Second Mitochondria-Derived Activator of Caspase (SMAC or DIABLO) and OMI (HTRA2). These proteins indirectly enhance caspase activity by preventing caspase inhibition by inhibitor of apoptosis proteins (IAPs). IAPs, including

XIAP and survivin, play a significant role in suppression of apoptosis in cancer cells.

The balance of pro- and anti-apoptotic proteins in the Bcl-2 protein family primarily regulates the intrinsic pathway and MOMP. The Bcl-2 proteins Bax and Bak mediate initiation of MOMP. MOMP begins with Bax localization to the mitochondrial outer membrane (MOM) where it interacts with Bak leading to pore formation and release of cytochrome *c*. Anti-apoptotic Bcl-2 proteins (Bcl-2, Bcl-xL, Mcl-1, Bcl-w, and A1) can physically interact with Bax/Bak suppressing their pore-forming function. Another category of Bcl-2 proteins are the pro-apoptotic BH3-only proteins that include PUMA, NOXA, Bik, Bim, and Bad, among others. These BH3-only proteins promote apoptosis by two mechanisms: 1) physical interaction with anti-apoptotic Bcl-2 proteins preventing their inhibition of Bax/Bak and 2) direct activation of Bax/Bak. The balance between pro-apoptotic and anti-apoptotic Bcl-2 proteins plays a large role in whether MOMP, and ultimately apoptosis, will occur. P53 also participates in promoting apoptosis by sensing DNA damage and can upregulate pro-apoptotic Bcl-2 proteins (e.g. PUMA) as well as suppress IAPs (e.g. survivin).

The extrinsic apoptotic pathway is directly activated by external

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ligands, such as FAS ligand binding to its receptor FAS. FAS is termed a death receptor and recruits adapter molecules, FAS-Associated Death Domain Protein (FADD) in the case of FAS. These adapter molecules dimerize and activate caspase 8, another initiator caspase. There is some crossover between the extrinsic and intrinsic apoptotic pathways mediated by BH3-Interacting Domain Death Agonist (BID). After activation by death receptors, caspase 8 can cleave BID to form truncated BID (tBID), which localizes to the mitochondria and activates Bax/Bak-dependent MOMP leading to apoptosis. Both the extrinsic and intrinsic apoptotic pathways converge at activation of initiator caspases (e.g. caspase 8/9), which activate effector caspases (e.g. caspase 3), which have many targets in the cell that carry out the apoptosis program. These are brief descriptions of the mechanisms involved in the apoptotic program. To gain further insight to these mechanisms, the reader is referred to other reviews that describe these in more detail [6-8].

### HER2 Regulation of Apoptosis

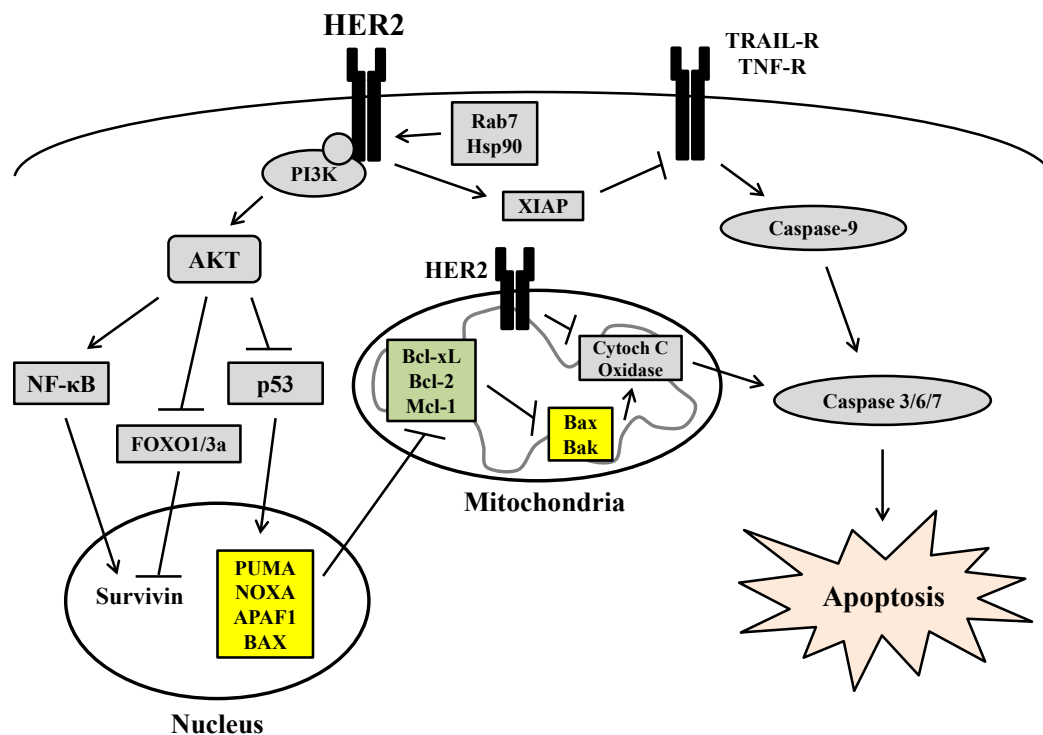
Overexpression of HER2 has been shown to suppress apoptosis through mechanisms that disrupt both the intrinsic and extrinsic apoptotic pathways. Maintenance of HER2 expression is also required for HER2-mediated suppression of apoptosis. Inhibition of Hsp90 in HER2-overexpressing cells resulted in degradation of HER2 protein and subsequent inactivation of downstream signaling including the PI3K-AKT pathway [9,10]. In addition to Hsp90, HER2 expression is also protected by Rab7, a GTPase that regulates endocytosis, as loss of Rab7 resulted in proteasome-mediated degradation of HER2

[11]. Thus, the proteins that maintain HER2 overexpression also help maintain suppression of apoptosis by HER2 signaling.

### HER2 regulation of the intrinsic pathway

HER2 is a well-known activator of PI3K-AKT signaling and this pathway plays a large role in suppression of apoptosis by HER2 (Figure 1). AKT has been shown to directly phosphorylate the pro-apoptotic Bcl-2 protein Bad, which allows binding of 14-3-3 proteins that sequester Bad away from anti-apoptotic Bcl-2 proteins ultimately suppressing Bad-induced cell death [12]. AKT has also been shown to suppress Bim, another BH3-only pro-apoptotic protein [13]. AKT can phosphorylate several members of the forkhead family of transcription factors (FOXO), including FOXO3a, which leads to binding of 14-3-3 proteins to FOXO3a and sequestration from the nucleus [14,15]. Inhibition of FOXO3a transcriptional activity by nuclear export prevents FOXO3a-mediated expression of pro-apoptotic genes, including BIM [13-15]. Inhibition of FOXO family members by AKT also suppresses FOXO1-mediated suppression of the IAP survivin and prevents FOXO3a-mediated expression of the pro-apoptotic BH3-only protein Bnip3 [16,17]. In addition to regulation of these upstream participants in the intrinsic apoptotic pathway, AKT has been shown to directly phosphorylate caspase-9 reducing its protease activity causing suppression of apoptosis [18].

HER2 also negatively regulates p53 function. HER2 suppresses p53 by two indirect mechanisms that are both mediated by AKT. First, it was observed that HER2 or AKT activation decreased expression and nuclear localization of p53 [19]. AKT was then found to directly



**Figure 1: HER2 suppresses apoptosis via multiple mechanisms in both extrinsic and intrinsic apoptotic pathways.** HER2 expression is maintained and stabilized by Rab7 and Hsp90. HER2 activates PI3K-AKT signaling, which directly suppresses FOXO1/3a through phosphorylation. Suppression of FOXO proteins relieves their repression of survivin. AKT also inhibits p53, which prevents p53-mediated expression of the pro-apoptotic genes PUMA, NOXA, APAF1, and BAX. HER2 activates NF-κB in an AKT-dependent manner, which increases expression of survivin. In addition, HER2 increases XIAP levels, which inhibits TRAIL-induced apoptosis. Lastly, HER2 localization to the mitochondria suppresses apoptosis by inhibition of cytochrome c oxidase. Thus, HER2 initiates broad changes to cell signaling that results in cell survival and suppression of apoptosis in response to toxic therapies.

phosphorylate MDM2 protein leading it into the nucleus where MDM2 can ubiquitinate p53 leading to its degradation [19]. The second mechanism involves AKT-mediated suppression of Alternate Reading Frame Protein (ARF). ARF interacts with and suppresses MDM2 from interacting with p53. HER2-overexpressing cells were observed to have reduced ARF expression in an AKT-dependent manner leading to increased MDM2 and reduced p53 [20]. Inhibition of p53 expression greatly inhibits apoptosis as p53 has been shown to upregulate several pro-apoptotic genes involved in the intrinsic apoptotic pathway including PUMA [21], NOXA [22], APAF-1 [23], and Bax [24]. In addition, p53 has been shown to suppress survivin [25] and Bcl-2 [24] expression. Thus, HER2 signaling enhances p53 degradation, preventing p53-mediated apoptosis.

Survivin appears to be important in HER2-mediated apoptosis suppression as it has a strong association with HER2 expression in patient tumors [26,27]. Knockdown of HER2 reduces survivin [28] and forced expression of HER2 increases survivin [29,30]. It was also observed that inhibition of the proteasome prevents loss of survivin protein with HER2 knockdown suggesting HER2 protects survivin from degradation [28]. As mentioned above, AKT-mediated down regulation of FOXO family members leads to increased survivin expression [16] and survivin expression can also be increased by AKT-mediated activation of NF- $\kappa$ B [31,32]. Together, these results clearly show HER2 expression promotes survivin expression leads to decreased apoptosis.

Experimental manipulation of HER2 gives several clues to mechanisms of cell survival. Overexpression of HER2 most commonly leads to upregulation of Bcl-2, Bcl-xL, Mcl-1, and survivin [30,33,34]. In accordance, there is a positive correlation between expression of HER2 with Mcl-1, Bcl-2, Bcl-xL, and survivin in patient tumors [26,27,34-37]. HER2 overexpression suppresses levels of miR15a and miR16, which target Bcl-2, leading to increased Bcl-2 expression [33]. Pharmacologic inhibition of Bcl-2 sensitized HER2-overexpressing cells to lapatinib and knockdown of Bcl-2 increased responsiveness of HER2-overexpressing cells to tamoxifen [38,39]. These results suggest Bcl-2 is major target of HER2 in promoting cell survival. In addition to Bcl-2, knockdown of Mcl-1 and Bcl-xL sensitized HER2-overexpressing cells to HER2-targeted therapy with observed increases in Bim expression [38,40,41]. Targeting HER2 with trastuzumab decreases expression of Bcl-2, Mcl-1, survivin, and phospho-Bad along with increased expression of the pro-apoptotic Bnip3 ultimately leading to cell death [16,17,42-44]. Treatment of HER2-overexpressing cells with lapatinib, the dual EGFR/HER2 inhibitor, increased expression of Bim, decreased expression of survivin and inhibited PI3K-mediated NF- $\kappa$ B activation [28,41, 45-47]. Overexpression and inhibition of HER2 indicate a dominant role of Bcl-2 proteins in HER2-mediated protection from apoptosis.

Lastly, there is some recent evidence that HER2 can directly affect apoptosis. HER2 was recently detected in the mitochondria of HER2-overexpressing cells in a manner dependent on mitochondrial Hsp70 (mtHsp70) and active HER2 kinase activity [48]. One of the major functions of HER2 in the mitochondria was to reprogram cell metabolism toward glycolysis and away from oxidative phosphorylation [48]. However, investigators also observed that mitochondrial HER2 contributed to trastuzumab resistance by decreasing the activity of cytochrome c oxidase in a HER2-dependent manner [48]. Furthermore, paclitaxel-induced apoptosis was reduced in cells expressing mitochondrial HER2 [48]. In addition, a HER2 fragment (~110 kDa) was identified as HER2 amino-terminal fragment

(H2NTEF) that is expressed in approximately 60% of HER2-positive breast cancer samples [49]. This fragment did not contain the kinase domain but did interact with the full-length HER2 receptor and prevented a trastuzumab-mediated decrease in cell viability [49]. Our lab observed that EGFR, a fellow ERBB RTK, could directly interact with the BH3-only protein PUMA, which prevents its localization to the mitochondria and promotion of apoptosis [50]. These results, suggest that ERBB family members take on a more direct role in suppressing apoptosis than previously thought.

### HER2 regulation of the extrinsic pathway

While the regulation of the extrinsic apoptotic pathway by HER2 has been studied less, there is ample evidence HER2 also deregulates this pathway. Apoptosis in response to TNF- $\alpha$  was suppressed in HER2-overexpressing cells [51]. AKT-mediated activation of NF- $\kappa$ B was required to suppress apoptosis with TNF- $\alpha$  exposure in these HER2-overexpressing cells [51]. Another study also observed that inhibition of PI3K-AKT signaling in HER2 overexpressing cells suppressed TRAIL-induced apoptosis [52]. TRAIL-induced apoptosis was enhanced by trastuzumab in these cells [52]. AKT signaling appears to be a general suppressor of TRAIL-induced apoptosis as active AKT has been seen to suppress apoptosis by TRAIL in multiple cancer types [53,54]. XIAP likely plays a significant role as knockdown of XIAP in HER2-overexpressing cells enhanced apoptosis by TRAIL and enhanced apoptosis with trastuzumab and lapatinib [55]. In addition to its effects on these pathways, HER2 mediates suppression of p53 as described above [19,20]. The death receptor Fas is a known target of p53 [56] and HER2-mediated suppression of p53 likely suppresses the cellular response to Fas-ligand.

### HER2 regulation of other factors that suppress apoptosis

HER2 also regulates other proteins that appear to suppress apoptosis but are not directly involved in the intrinsic or extrinsic apoptotic cascade. The scaffolding protein p130Cas can bind to and enhance signaling of many HER2 downstream signaling molecules including FAK, PI3K, Crk, and Src among others [57]. Knockdown of p130Cas in HER2-overexpressing cells induced apoptosis [58]. The mechanism by which apoptosis was induced was not elucidated but many of the pro-survival mechanisms of p130Cas involve signaling of its binding partners including PI3K, FAK, Src, and integrins among others [57]. Another factor involved is protein tyrosine kinase 6 (PTK6 or Brk), an intracellular tyrosine kinase that has no expression in normal breast tissue but robust expression in breast tumors [59]. Overexpression of HER2 induced PTK6 expression and knockdown of PTK6 in these cells induced apoptosis [60]. Previous reports suggest PTK6 regulates apoptosis by activating signaling pathways that enhance survival including AKT and STAT signaling [59]. Lastly, COX-2 may also contribute to HER2-mediated inhibition of apoptosis as HER2 activation upregulated COX-2 and inhibition of COX-2 induced apoptosis in HER2-overexpressing cells [61-63]. COX-2 has previously been shown to suppress apoptosis by PGE2-mediated activation of AKT and Ras signaling [64].

### Potential Drug Targets for HER2-positive Breast Cancer

Apoptosis of HER2-overexpressing cells was shown to be enhanced by targeting HER2, PI3K-AKT, or Bcl-2 proteins in many pre-clinical studies. As such, most clinical attempts to suppress HER2-overexpressed cancers have targeted HER2 or molecules downstream of HER2. The compounds Abt-737, Abt-263 (navitoclax), Abt-199,

AT-101 and GX150-070 (obatoclox) are BH3 mimetics that target Bcl-2, Mcl-1, or Bcl-xL to suppress their anti-apoptotic function [65,66]. In clinical trials, these compounds have primarily been used in populations with liquid tumors or lung cancers leaving little clinical evidence of their utility in HER2-positive breast cancer. A preclinical study using a breast tumor xenograft model found that Abt-737 could lead to apoptosis in xenografts with the highest HER2 expression but overall tumor regression was very little [67]. However, the xenograft with the highest HER2 expression was much lower than tumors with HER2 amplification [67]. These BH3 mimetics have also been shown to be ineffective in cells without overexpression of anti-apoptotic Bcl-2 proteins [68]. Considering Bcl-2, Mcl-1, and Bcl-xL are upregulated in HER2-positive cancers, these proteins would seem to be attractive drug targets for HER2-positive cancers.

HER2 has been directly targeted by antibody approaches (e.g. trastuzumab) and kinase inhibitor approaches (e.g. lapatinib) that are often effective in patients combined with chemotherapy but patients also become resistant after long-term treatment [69]. Most recently, the antibody-drug conjugate T-DM1, which conjugates trastuzumab (T) with the cytotoxic agent mertansine (DM1), was FDA-approved for treating HER2-positive metastatic breast cancers with encouraging results in clinical trials in this population [70-72]. Another approach underway is using irreversible pan-ERBB inhibition (e.g. dacomitinib) with preclinical evidence of inhibition of HER2-overexpressing cells resistant to trastuzumab and lapatinib [73].

Considering patients will eventually become resistant to trastuzumab, an effective method of inhibiting HER2-positive tumor growth appears to be combination of HER2 inhibition along with targeting another downstream molecule. For instance, targeting HSP90 along with trastuzumab is more effective than either treatment alone in pre-clinical studies and this combination has shown antitumor activity in clinical trials [74-80]. The first of these clinical trials occurred in 2007 as a phase I dose-escalation study of trastuzumab (4 mg/kg) along with tanespimycin (or 17-AAG) doses of 225, 300, 375, and 450 mg/m<sup>2</sup> on 25 patients with advanced solid tumors with 14 of the patients having previous trastuzumab treatment [77]. The dose limiting toxicity of tanespimycin was 375 mg/m<sup>2</sup> with mild to moderate toxicity symptoms of fatigue, nausea, diarrhea, emesis, headache, and rash [77]. Antitumor activity was assessed by RECIST criteria, which resulted in 1 partial response while another 4 patients showed tumor regression, with regression as high as 70%, and all had HER2-positive metastatic breast cancer and previous trastuzumab treatment [77]. An additional 3 patients had stable disease and two were confirmed to be HER2-positive with 1 having previous trastuzumab treatment [77]. A more recent phase I trial was conducted using trastuzumab (4 mg/kg) along with alvespimycin (17-DMAG) doses of 60, 80, and 100 mg/m<sup>2</sup> on 28 patients with advanced solid tumors with 24 of these patients having previous trastuzumab treatment [74]. Dose limiting toxicity was 80 mg/m<sup>2</sup> with common mild to moderate toxicities being diarrhea, fatigue, myalgia, arthralgia, nausea, blurry vision, headache, back pain, and dry eyes [74]. One patient showed a partial response and 7 patients displayed stable disease and all had HER2-positive metastatic breast cancer and previous trastuzumab treatment. This resulted in a clinical benefit rate of 29% (CR+PR+SD >6 months) in evaluable patients [74].

The most recent trial for HSP90 inhibitors is a phase 2 trial on patients with advanced or metastatic HER2-positive breast cancer and prior trastuzumab treatment that were treated with 300 mg/m<sup>2</sup> retaspimycin HCl (IPI-504) combined with 6 mg/kg trastuzumab every three weeks [76]. Twenty-six patients were enrolled and received

a median of three treatment cycles. The best response observed was stable disease in 16 patients but was not enough to warrant trial expansion. However, toxicity symptoms were less than expected leading the authors to suggest a similar trial with higher retaspimycin HCl dosage in hopes of obtaining a greater response rate [76]. Similar to HSP90 inhibitors, pre-clinical studies show that inhibition of PI3K with trastuzumab is greater than either treatment alone in HER2-overexpressing cells [16,81,82]. There are several phase I/II clinical trials currently ongoing or recently completed (but without publication of results) to assess safety and efficacy of targeting HER2 and PI3K. These trials are using PI3K inhibitors such as GDC-0941, BKM120, BEZ235, or XL147 and targeting HER2 with trastuzumab or lapatinib. Considering the large role PI3K plays in transmitting HER2 signaling throughout the cell, results of these trials will provide great insight to the treatment of HER2-positive breast cancer. Pre-clinical and clinical results seem to point to the need for targeting multiple components of HER2-mediated cell survival mechanisms in hopes of achieving stable, long-term inhibition of HER2-overexpressing tumor growth.

## Conclusions

The HER2 signaling network spans across many functions of the cell and influences cell behavior greatly, especially in breast cancer cells overexpressing HER2. As such, it is not surprising to find that breast cancer cells dependent on HER2 have utilized multiple mechanisms to suppress apoptosis for survival. Evidence suggests that HER2 can inhibit both the intrinsic and extrinsic apoptotic pathways (Figure 1). Future studies need to elucidate mechanisms by which therapy-resistant HER2-overexpressing cells are able to suppress apoptosis to further aid in designing effective clinical treatment regimens. In addition, the relevance of HER2 localization to the mitochondria should be investigated in the context of apoptosis as well as the ability of HER2 to directly influence apoptotic regulators. Future drug development for HER2-overexpressed cancers should target some of these well-known mechanisms by which HER2 suppresses apoptosis and find combinations of targets that are most effective to limit clinical side effects. Breast cancer death rates continue to fall [83] and future clinical and pre-clinical study targeting HER2 will only in aid this progression.

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