

The Bio-psycho-social Model and Beyond: Its Limitations and the Need for a New Model. A response to Eid's Editorial, "The Bio-Psycho-Social Model: How Accurate and Valid is it?"

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There is definitely an urgent need for a new health/disease model in psychiatry and, generally speaking, in internal medicine and in public health, as pointed out by Eid in his editorial [1]. The bio-psycho-social model developed by Engel [2] cannot capture the multidimensionality of the disease, which is indeed a dynamical [3] and complex phenomenon, characterized by "wholism, diversity, robustness and flexibility (as) hallmarks" [4]. We agree that biological, psychological and social levels are not separate at all: not only in the well-known sense that biological and social treatments have biological effects but also in the sense that biological and genetic potentials have a social impact, as shown by Damasio [5-7].

While many scholars have emphasized some missing dimensions in the classical bio-psycho-social model [8-10] or underpinned phenomena that fail and resist to be explained by that model [11-14], the model proposed by Eid [1] ("the somato-psycho-social model") can indeed overcome these limitations and pave the way for further research in the field.

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