**APPENDIX 3**

**SECOND STAGE**

***Third round***

**Commander.** “Based on the talk today, what things do you think need to be taken from here for the future at the personal level and at the team level?”

**Therapist.** Stressing the positive forms of coping (for example: reflection of the component of sharing and receiving support from the partner).

**Commander.** “I would now like to ask each of you to indicate at least one thing that he received from the group today and what his message is to the group”. After the discussion the commander summarizes the intervention according to the following points: (1) Summarize the session up to this point (major and positive components that were prominent around the return to functioning after the discharge, prominent feelings and prominent recommendations for future coping). (2) Speak about the moral and ethical (comradeship) commitment “to go on”. (3) Speak about the importance of “to go on” for the individual and for the team.