**APPENDIX 2**

**SECOND STAGE**

***Second round***

**Therapist.** Explanation of the different losses (friends, relatives, worldview, self-trust, confidence, trust in commanders, trust in operational ability, loss of motivation) as a result of exposure to traumatic events.

**Commander.** “Based on what (should mention the name of the therapist with whom he is working) described, it is important that we talk about each of our losses. What did each of us lose during this event?”

After each participant referred to this question, the therapist should ask: “What are the emotions that accompany the loss?” (The therapist should focus the talk on anger and guilt by reflection, confrontation, leading questions, etc.).