

## Supporting information S1.

The ESM items included in the questionnaire assessed at the beep level<sup>1</sup>

**Cheerf**                      **I feel cheerful**<sup>2</sup>                      All scores (1) not - (7) very

Insecur                      I feel insecure

Relaxed                      I feel relaxed

Irritat                      I feel annoyed

**Satisfi**                      **I feel satisfied**

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**Lonely**                      **I feel lonely**

**Anxiety**                      **I feel anxious**

**Down**                      **I feel down**

Guilty                      I feel guilty

Motiv                      I would rather be doing something else

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Hunger                      I am hungry

**Tired**                      **I am tired**

Pain                      I am in pain

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other questions

act\_what                      What am I doing (just before the beep)?

act\_what02                      And also ...

loc\_where                      Where am I

soc\_who                      Who am I with

soc\_who02                      With who else

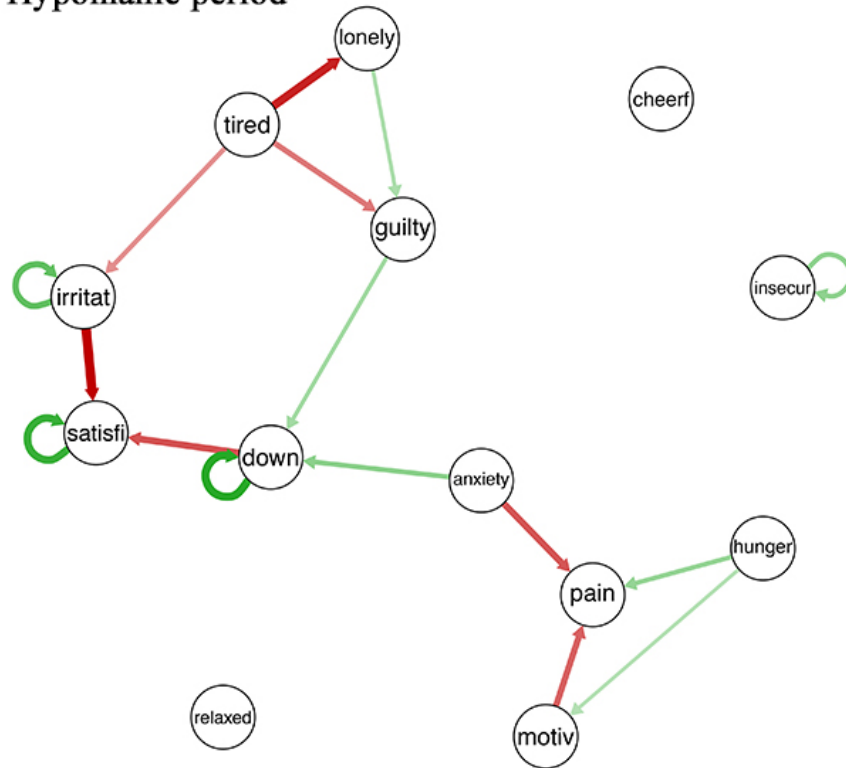
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<sup>1</sup> Original questions were in Dutch

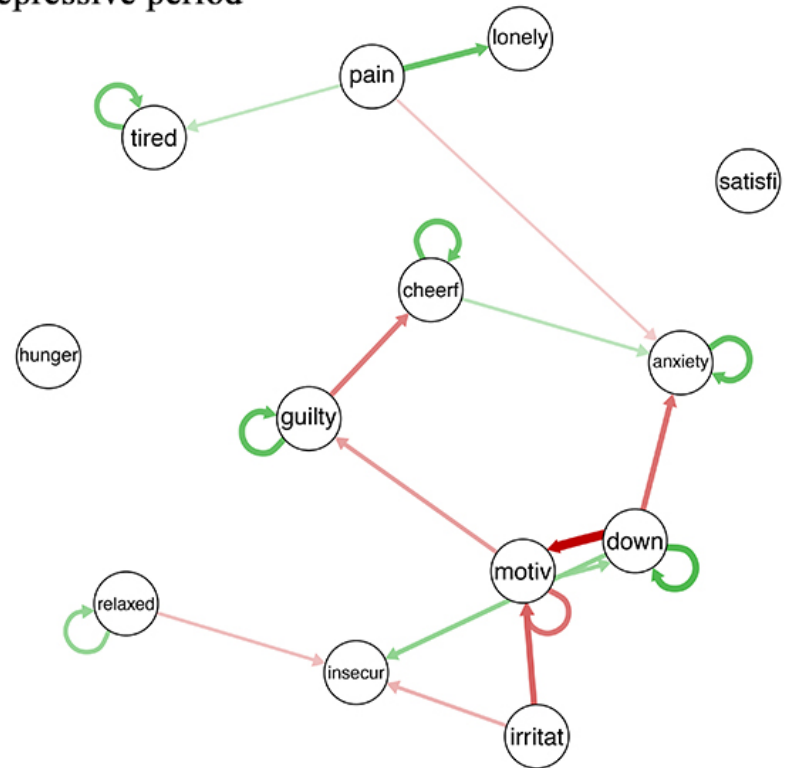
<sup>2</sup> The *a priori* selected subset is printed in bold

Supporting information S2: Network of statistically significant a priori selected mental states in a bipolar patient during a hypomanic and a depressive period

### Hypomanic period

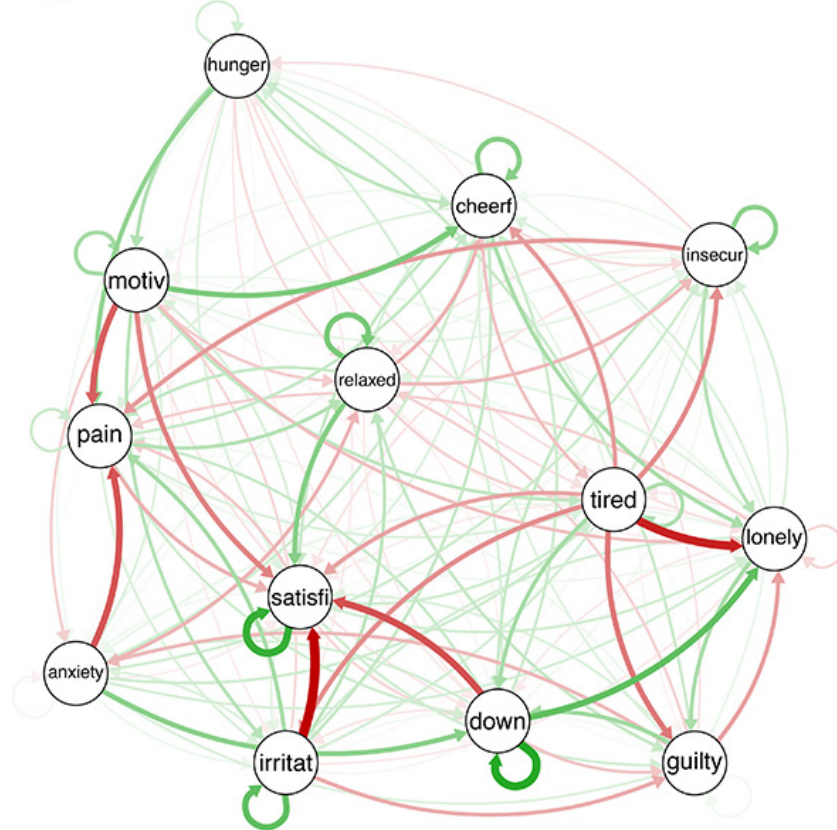


### Depressive period



Supporting information S3. Network of all assessed mental states in a bipolar patient during a hypomanic and a depressive period

Hypomanic period



Depressive period

